

# Humphreys College

## Newsletter



DECEMBER 2016

FALL QUARTER

FROM THE LIBERAL ARTS DEPARTMENT ...

### NEWS AND ANNOUNCEMENTS

By Cynthia Becerra, Chair and Dean of Instruction

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Looking for a great course this Winter Quarter with an important objective—to advance your writing? Then consider the following: ENGL101 Written Communications, ENGL102 Advanced Written Communications or ENGL103 Intensive Grammar. However, if you are a bachelor's student with the necessary prerequisites, take ENGL202 Critical Thinking and Writing. Designed to prepare the transition from undergraduate to graduate studies, this course taught by Dr. Kerry Moquett provides an excellent foundation for any major or advanced study.



In the natural sciences SCI120 Human Biology, taught by Professor Crystal Hootman, students will not only be introduced to genetics but also have an opportunity to explore in the lab, SCI121, the anatomy of a pig. Sounds fun!

With seven online courses being offered, students can learn from their own homes by just a few clicks. As many of you know, the online environment provides another way for students to learn and complete a major requirement. But don't be deceived—online courses are just—if not—as demanding as face-to-face instruction. If you are planning to take your first online class, choose an instructor that you are familiar with and/or a subject area that you excel in. Or take a hybrid so that you can get the best of both worlds; this type of class meets online and face to face, alternating the modality weekly. For example, Dr. Chabot is teaching PS105 as a Hybrid-A on Wednesday nights and Dr. Stewart is teaching PHIL101 as a Hybrid-B on the same night. Therefore, you could satisfy both a humanities and social science requirement on the same night.

Many students and alumni have noted the incredible value of taking Dr. Perkner's HIST210 Supreme Court in American Life, an upper-division social science course, which will be taught online. Focusing on the impact of major cases on our lives, the course includes landmark decisions as well as an opportunity to explore the judicial process. In addition, LIT203 California Literature is being offered for the advanced student. An upper-division humanities course, it is being taught by Professor Walton on Monday night.

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Don't forget to complete your math requirement as soon as possible. MATH100 College Math is available day or online in Winter Quarter. Dr. Kooren is teaching it during the day (3TTH), and Professor Hootman is teaching it online. Once you complete MATH100, you could be finished with your math requirement, depending on your program. Wow! Wouldn't that be a relief? Another great class to meet your foreign language requirement, or as a lower-division humanities, is SPAN101 Spanish I. A course that requires no previous experience and/or knowledge, this introductory course is being taught by Instructor Karla Brandt, who augments student understanding of the language and the Hispanic cultures.

Please see your advisor to register for Winter Quarter to be sure to be on track for graduation.

Happy holidays!

Congratulations to the following Scholarship Winners from the Liberal Arts Department:

*Jennifer Carpenter*  
*Andie White*  
*Julie Grider*  
*April "Katie" Romanek*

## NEWS AND ANNOUNCEMENTS

By Lisa Kooren, Associate Dean of Academic Administration

### Humphreys College Scholarships Awarded

This fall Humphreys College was pleased to award the Humphreys College Scholarships. Overall, there were many deserving students who provided excellent essays for the Scholarship Committee.

The following students were chosen to receive scholarships this year:

- Candy Newland: *John R. Humphreys Jr. Memorial Scholarship*
- Shayleen Ellington: *Gladys Humphreys Memorial Scholarship*
- Alyssa Kline: *Ardith Harrison Memorial Scholarship*
- Zanaib Khan: *Len Sipe Scholarship*
- Julie Grider: *Bockman Scholarship*
- Andie White: *Rowena Walker Memorial Scholarship*
- Whitney Adair and Natasha Wentzel: *Maria Stahl Court Reporting Scholarship*

### Faculty Scholarships:

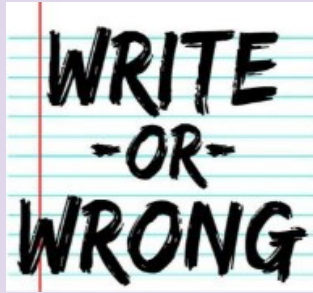
Nawshaba Mustafi, Kate Mendoza, Jennifer Fong, Jennifer Carpenter, Brittne Smith, Adolfo Sequira, Kathy Peraza, Deante Piggee, Ashley Luna, April Romanek

Humphreys College scholarships are available each year. In order to apply, check your Humphreys College email, as important information will be sent to all students. The scholarship application for the 2017-2018 school year will be made available by August 1<sup>st</sup>.

### Mark Your Calendar for the Upcoming Meet Your Advisor Events:

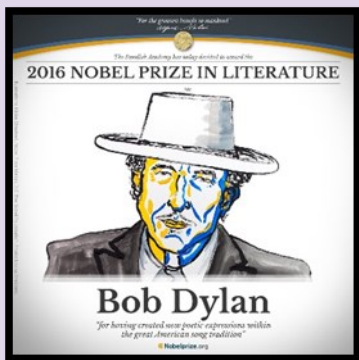
- Thursday, February 16th, 5:00-6:00
- Friday, February 17th, 12:30-1:30 in the Walker Forum.

Refreshments will be served. Come meet your advisor and schedule and early registration appointment.



**Question:** The Nobel Prize in Literature for 2016 was awarded to Bob Dylan "for having created new poetic expressions within the great American song tradition." Do you think that this non-traditional decision of the Nobel Committee is justified? Does a songwriter belong to the venerable company of John Steinbeck, Ernest Hemingway, Winston Churchill, William Faulkner, Gabriel García Márquez, Toni Morrison, George B. Shaw, and Rudyard Kipling?

#### Quote/Unquote

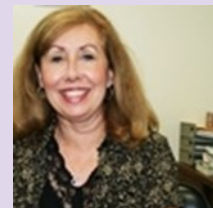


"When the Swedish Academy announced that Dylan would be the recipient of the literature prize, permanent secretary Sara Danus explained why the songwriter was given the distinction usually reserved for authors.

'If you look back, far back, 2,500 years or so, you discover Homer and Sappho, and they wrote poetic texts that were meant to be listened to, they were meant to be performed, often together with instruments, and it's the same way with Bob Dylan,' Danus said in early October. 'But we still read Homer and Sappho... and we enjoy it, and same thing with Bob Dylan. He can be read, and should be read.'"

Source: Rolling Stone, Oct. 13, 2016

**Dean Cynthia Becerra:** "I define nothing. Not beauty, not patriotism. I take each thing as it is, without prior rules about what it should be," so stated Bob Dylan, the latest Nobel Prize winner for literature. This quote seems almost prophetic if you think that he is the first singer/songwriter to win this prestigious award since its beginning over a century ago, therefore, defying the "rules."



In fact, New University, a UC Irvine publication, advances the idea, as does Danus, that this could change the way that we think about literature. The article's author Isaac Espinosa, an electrical engineering major, asserts that this changes the game altogether, making the number eligible for the Nobel Prize staggering if musicians/songwriters are considered. But as Danus explains, Dylan is not just any songwriter; she places him in the context of Homer and Sappho, whose works are the basic staples of world literature.

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Whether the Academy was right or wrong to award Dylan, 75, the Nobel Prize for literature is not as important to me as are the reverberating effects of the expansion of the boundaries of what we consider as literature. Like many of my professors, I have always contended that poetry is, in fact, a part of many songs. Both can be lyrical and offer profound perceptions of life, for literature, in general, is about human experiences. In fact, many introduction to literature anthologies represent song lyrics as poetry because they are often placed in that genre section. For example, “Sunday Morning Comin’ Down,” by Kris Kristofferson, a Rhodes Scholar in literature, has been read by many of my students. So that part of the argument is not new to me. And I have no problem with songwriters who are, in some cases, poets being considered for this lofty award. My only concern is that because of the sheer fame of songwriters and their products that the Nobel Prize Contest could become based on popularity, not the quality of their works.

However, I find that the awarding of the Nobel Prize to Dylan will help me in teaching Introduction to Literature next quarter because I can continue to emphasize the connection between song lyrics and poetry by using this as an example. I only hope that he does complete his lecture by the June 10, 2017 deadline to receive the award—the only requirement—because I would like to hear it.



**Dean Jess Bonds:** As I sit in my office on the Stockton campus, Bob Dylan looks down upon me from the wall where his image is framed—a concert poster from six years ago when he played outdoors in South Lake Tahoe. From 1979 to 2016, I’ve been to a dozen or so Dylan concerts, most recently in October at the three-day music festival in Coachella (Oldchella), just two days after the announcement of his winning the Nobel Prize in Literature. Suffice it to say, I’m a Dylan fan. Big time.

I see in his selection as the winner of the Nobel Prize in Literature a peculiar sensibility, namely the inability to draw a meaningful line. Does he belong in the company of Steinbeck, Hemingway, et al? Yes. But does he belong in the same category? It can be argued that lyrics are in the same category as poems and poems are in the same category as prose and prose is in the same category as the novel. But do song lyrics belong in the same category as the novel? I don’t think so.

The Swedes can do what they like with their prizes. I understand it doesn’t make sense to have hundreds of categories, but that doesn’t mean the few existing categories must be broadly defined. The line they’ve drawn seemingly includes all forms of literature. I suppose the writing on the wall would count as literature...as well as tweets? The line that’s been drawn by awarding the prize to Dylan renders it all but meaningless.

Dylan deserves accolades. But a Nobel Prize in Literature? No, IMHO.

## FROM THE BUSINESS DEPARTMENT ...

## NEWS AND ANNOUNCEMENTS

## Left or Right?

By Jason K. Wolins, Chair, Business Department

No, it's not what you think. This is not about politics. It's about shopping. That's right—going to the store. A September 8, 2016, article in *The Sacramento Bee*, pp. 1B, 2B, by Christopher Mele, reprinted from *The New York Times*, entitled “How to Pick the Fastest Line at the Market,” gives some tips from experts about which line likely will move the fastest. (Note: Below photo by Nina Westervelt, *The New York Times*.) So, let's look at a few tips and start with that above question:

**Question 1:** For faster checkout service, which direction should you go:

- A. Left
- B. Right

Answer: Follow Bernie—go left. Robert Samuel of Same Ole Line Dudes, a New York service that stands in line for people, said it's because most people are right-handed—they tend to veer that same direction, to the right. Hence, lines to the left may have fewer people.

Let's do another:

**Question 2:** It is faster to get behind:

- A. A shopper with a full cart
- B. Several shoppers with only a few items in their carts

Answer: Okay, this one is tricky. And, counterintuitive. Get behind someone with a full cart. Dan Meyer, who explores the future of math, technology, and learning for the firm, Desmos, did some research and explained it this way: Everyone needs a fixed amount of time to say hello, pay, say goodbye, and leave. His research discovered all of that takes, on average, about 41 seconds (your *fixed* time). Ringing up items averaged an additional three seconds per item (your *variable* time).

To quantify things, it will take about six minutes to process one person with 100 items. But processing four people with only 20 items each: Almost seven minutes.

**Question 3:** Which is the faster method:

- A. A single line that leads to several cashiers
- B. Individual, parallel lines that are dedicated to single cashiers

Answer: Go with the single, serpentine line that goes to several cashiers. Julie Niederhoff, assistant professor of supply chain management at Syracuse University, indicates it also is good for the psyche: It eliminates having to choose a line—then second-guessing oneself about whether it was the best choice.

But, wait. We're human. So, which do we prefer? The individual, parallel lines, even though most of the time we pick a slower line, according to A.J. Marsden, assistant professor of human services and psychology at Beacon College in Leesburg, Florida.

Again, to quantify this, Douglas Norton, professor of mathematics and statistics at Villanova University, said studies of banks revealed that with three tellers, each serving a separate, individual customer line, the wait was an average of three times longer than a single line leading to several tellers.

So, why do grocery stores still use the less efficient individual, parallel line method? It's just that no one wants a single line of grocery carts winding around the store.





## *Business Department Community Activities*



*Left to right:* Tammy Upachak; Denise Ayala; Sylvia Ramirez; Favian Ramirez; Maria Ruiz; Jason Wolins, faculty member; Jesselyn Reeves; Mary Debusschere-Poupore.

On November 17, the California Society of Certified Public Accountants (CalCPA, Central Valley Chapter) held its annual student-faculty night banquet for Accounting students from four community colleges (San Joaquin Delta, Modesto, Columbia, and Merced) and three four-year colleges (Humphreys, Pacific, and CSU Stanislaus). Seven Humphreys students and Business Department Chair Jason Wolins attended the event in Modesto.



FROM THE COURT REPORTING DEPARTMENT ...

**NEWS AND ANNOUNCEMENTS**

By Kay Reindl, Chair

**Court Reporting Department Honors CSR Candidates**

The Court Reporting Department has a long-standing tradition of recognizing and celebrating the accomplishments of students who have qualified to sit for the Certified Shorthand Reporters Examination. Recently, Rebecca Reutenauer and Kate Serpa were the honorees at a CSR Reception and Luncheon. Rebecca and Kate qualified to take the November 2016 CSR Dictation Exam in Sacramento.

The guest speaker was Kimberly D'urso, Certified Shorthand Reporter. Kimberly graduated from Humphreys and earned her license in January 1997. Since then, she has carved out an impressive career as a freelance reporter, commuting for many years to the Bay Area. She has served on the Board of the Deposition Reporters Association of California; she is the District 3 representative. She shared words of encouragement for the future of the court reporting profession and the current demand for qualified reporters. She assured the students that jobs are awaiting them and offered specific tips to be successful upon program completion.



*Reception guest speaker  
Kimberly D'urso.*



*CSRs candidates: Kate  
Serpa (left) and Rebecca  
Reutenauer.*

## Alumni Voices

### FIVE YEARS AFTER GRADUATION... AND COUNTING

*By Desiree Winn, Court Reporting (Class of 2011)*



*When I was a Humphreys student, working court reporters would come to speak to us about their careers. It seemed that even with each new speed milestone, I still did not clearly envision my life as a working reporter. As a 35+ year-old single mom raising four girls, the unknowns in the future were my biggest student challenges.*

*Having invested lots of money and many years to acquire this very unique skill, there were many unanswered questions, and the answers just never seemed to materialize. How long will it take me to actually—and seriously—start working? Will I ever reach job security? What if I start working and absolutely hate it? Will I truly make enough to provide a decent life for my family or is that just something they tell you in school to keep up enrollment? For me, one question was the most important: how long will I have to be working before I can start traveling? Every guest speaker offered a different story, and I just wasn't able to insert myself into any one of them.*

*What I know now, though, is that the answers to those kinds of questions only come through experiences. As I look over my current Facebook newsfeed, five years later, and see my fellow graduates' stories, the answers to those questions are as varied as the many paths this career can take. It just might be one of my favorite things about court reporting.*

*Some of us are freelance reporters working for one firm, while others cooperate with many firms. Some of us limit our workload to only certain days of the week, some limit our commute to within a certain mile radius. Some only do depositions, some sprinkle in some court work here and there, while others work from one trial to the next. Those are just some of the options within the freelance world.*

*There are others of us who have landed official jobs in court and go to work Monday through Friday, have paid holidays and a nice benefits package, and get to leave their computers at the office on the weekends. I chose the freelance route. I work exclusively for one firm. I like the simplicity of not having to keep track of various transcript formats; it's just easier for me to develop a working relationship with a single firm. I love the freedom to set my own schedule that comes with being an independent contractor. Working in a different town every day with different people is something that I am just not ready to trade for a more secure benefits package that comes with an official position in court. It is good to know that this option is there for me, whenever I think I'm ready for it.*

*For me, and for most court reporters I know, "actually seriously working" began as soon as I got my CSR license. In fact, I had a job lined up before the license made it to my mailbox. I actually had to drive to Sacramento and pick it up in person.*

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*And the work still just hasn't stopped. What I know now with certainty is that as graduates of Humphreys College, we are fully equipped with the necessary skills to be court reporters. Moreover, in a field that is experiencing a shortage, the opportunities for work are abundant, so the only thing a new reporter has to do to get work is to be flexible, available, and reliable.*

*As a freelance reporter, I will admit that during that first year, my monthly income was incredibly varied and unpredictable. It was a challenge. However, a month never went by that I wasn't able to pay all of my bills, including my student loans. Not once! After that first year and finding my niche within the firm I now work for, I was bringing in a pretty steady monthly income and my annual income has steadily increased every year.*

*And the travel?—It started much sooner than I expected! Living in the San Joaquin Valley, I'm pretty centralized. Since the firm I work for is based in Oakland with offices in other locations throughout California, I'm available to go anywhere the firm sends me—and I like it! My job has sent me on a cave exploration in Missouri, a Segway tour through beautiful Santa Barbara, a hair-raising speedboat ride up the Rogue River in Oregon, and many other places. And it's only been five years!*

*Of course, with all the good this career has brought, it has definitely created many new challenges. Had I known my life would be ruled by deadlines, in all honesty, I probably would have quit. Had I known I would need to become proficient in train schedules, BART routes, and interstates, I would have thought this work wasn't for me. Had I known that many vacations would be taken with my computer in tow to meet last-minute expedite or rough draft requests, I might have thought it just wasn't worth it.*

*BUT...had I quit, I wouldn't have learned to manage my time and experience the glorious feeling of working hard to clear my desk in order to leave my computer behind, so I can take a well-deserved break. I wouldn't have the experience of working on a train traveling along the California Coast on my way home from a job or discovering a scenic view of the San Francisco Bay from the Oakland Hills. I wouldn't have been able to look back over just five short years of work and see all the transcripts I have completed because there were deadlines and experience that deeply satisfying sense of accomplishment. When I think back to what I really wanted to know as a student—How EXACTLY is my life going to change?—I see that my life is absolutely unrecognizable. I just couldn't have envisioned this path. I realize that sometimes it's good not to know.*

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## Scholarship Recipients



*Court Reporting Department scholarship winners (left to right): Whitney Adair, Candy Newland, Jennifer Fong, Kate Mendoza; not pictured: Natasha Wentzel.*

## FROM THE GRADUATE STUDIES DEPARTMENT ...

**NEWS AND ANNOUNCEMENTS**

By Donna Roberts, Chair

Graduate students at Humphreys College truly benefit from the programs' small cohort size. It ensures close interaction with peers and faculty. The following course is being offered for the *Master's Program in Education* this winter:

EDUC 301 Research Methods (Monday evenings)

The Humphreys College *Teacher Credentialing Program* prepares students for the challenges and opportunities of teaching California's highly diverse student population. The program qualifies candidates for the California Preliminary Multiple Subject Credential (TK-8) and with an additional three courses, a Master's Degree in Education with an emphasis in Teaching. Integrated coursework and hands-on teaching experiences emphasize effective, result-oriented teaching strategies, differentiated instruction, and the practical, real-world skills necessary to manage classrooms.

Continue to watch announcements for spring CBEST and CSET refresher workshops.

The following credential courses are offered this winter:

EDCC 300 Foundations of American Education (Monday evenings)

EDCC 351 Curriculum and Instruction (Tuesday evenings)

EDCC 354 Social Studies Education (Thursday evenings)

EDCC 370/371 Student Teaching/Seminar

For more information on the programs, contact Dr. Donna Roberts, Department Chair, at 209-235-2934, or see Linda Verdun-Brown in the Admissions Office. She will gladly set an appointment to work on your admission file.

## FROM THE EARLY CHILDHOOD EDUCATION DEPARTMENT ...

**NEWS AND ANNOUNCEMENTS**

By Pam Wood, Chair

On September 17, Phyllis Miranda did an awesome job preparing and offering literacy activities for children in our community. With the help of ECE majors and students in our credential program, the day was a huge success. This event is another way that Humphreys College makes a difference in our community. Thank you, Phyllis!



Since the days are growing shorter and the weather is getting colder, it's a great time to share a good book with your children! Most of us, young and old, treasure the joy, freshness, and excitement that can only be found in children's books. Here is a list of books for you to share with the children in your life as you explore adventures which can only be found between the covers of a good book.

*Winter Reads*

*In for Winter Out for Spring* by Arnold Adoff

*Winter Eyes* by Douglas Florian

*First Snow* by Kim Lewis

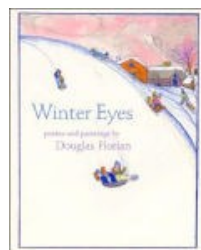
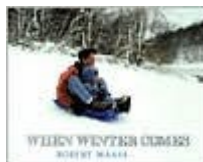
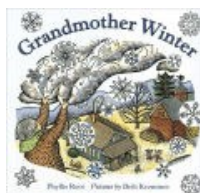
*When Winter Comes* by Robert Maass

*The Christmas Star* by Marcus Pfister

*Grandmother Winter* by Phyllis Root

*When Will the Snow Trees Grow* by Ben Schecter

*Little Mo* by Martin Waddell



## FROM THE MODESTO CAMPUS ...

## NEWS AND ANNOUNCEMENTS

## Legal Panel Met in Modesto

November 3rd was a special day for the Legal Studies Department on the Modesto campus. A Legal Panel was brought together to discuss careers in the legal field. More than thirty students were given the opportunity to listen to several distinguished guests as they shared stories about their professions and offered advice.



The guests were *John Goold*, Stanislaus County DA's Office; *Jeff L. Bean*, attorney with Borton Petrini, LLP and a Humphreys Law School graduate; *Tina Acosta*, a paralegal at Brian Lafferty Law and a Humphreys

graduate; *Tracy Thomas*, legal office administrator with the Curtis Legal Group; and *Matthew Reynolds*, attorney, Associate Dean of the Law School and the newly-appointed Chair of the Legal Studies Department at Humphreys College.

The students learned the importance of experience when looking for a position as a paralegal. Both *Tina Acosta* and *Tracy Thomas* encouraged them to take an internship or position at the lowest level while in school and to not be afraid to work their way up from there. *John Goold* stressed how being a lawyer is not like it is on television. *Jeff Bean* and *Matthew Reynolds* spoke of the various areas of law, the different responsibilities depending on the professional field, as well as the requirements of good written and verbal communication skills.

During the panel discussion, a court reporting student, *Kate Serpa*, was capturing the discussion on her stenography machine; the audience could see it projected onto the screen. *Kay Reindl*, chair of the Court Reporting Department, brought her down to demonstrate to the students what court reporting actually is. *Santa Lopez-Minatre* and *Matthew Reynolds* ended the evening with some information on the Law School.

## Workshops

The fall quarter started with two writing workshops. *Dr. Raymond Harter* gave his "Basics of MLA" workshop to remind the students how to organize and document a paper.

*Lorraine Doria* went back to the "Basics of Writing" to refresh their memories about how to write a paper.

*Dr. Donna Roberts*, chair of the graduate program, came to Modesto to discuss the master's and credentialing program. She responded to the many inquiries about the program from our students who would love to see the program started on the Modesto campus.

November 10th was a big day for the *In the Circle* current events discussion group. Because the presidential election was just two days before, the discussion was animated, to say the least.

The workshop series ended with a talk on Etiquette, Netiquette, and Beyond, given by *Julie Walker*.

## Community Events

The American GI Forum sponsored a spectacular Dia de los Muertos celebration on October 29th in downtown Modesto. Modesto Humphreys College

student *Lucia Campos* participated in the parade and donned her traditional Day of the Dead costume.



The season of college fairs has been going strong since August. *Julie Walker* has attended college fairs at MJC, Merced College, and Columbia College, just to name a few. The College Expo held at Downey High School on October 29th was a city-wide college fair. Thousands of students and their parents came to find out about how to apply for college, to talk with representatives from colleges from all over the country, and to get some general information about how the whole process works. This was a good opportunity to spread the word about Humphreys College.

*DJ Walker* from Kat Country radio station came to speak in *Kim Petersen's* Mass Media and Society class. The students got a bit of an insider's take on the world of radio from one of the most popular DJs in the area.



## FROM THE LAW SCHOOL ...

**NEWS AND ANNOUNCEMENTS****New Chair of Legal Studies***Photo: Josephine Torres*

Matthew Reynolds, Associate Dean of the Law School, has been appointed Chair of the Legal Studies Department. His appointment became effective at the start of the Fall Quarter. In addition to his duties as Chair, Mr. Reynolds retains his position as Associate Dean at the Law School. Mr. Reynolds is now the faculty advisor for all Legal Studies students. Dr. Humphreys, President of

Humphreys College, initiated the appointment in order to facilitate communication between the Law School and the Legal Studies Department in ways which he and Dean Patrick Piggott of the Law School believe will prove beneficial to both programs. The Law School and Legal Studies are a natural fit.

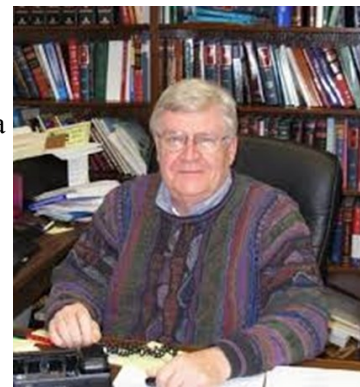
Mr. Reynolds, using the Law School's connections to the local legal community, expects to expand and improve internship opportunities for Legal Studies students and, in the near future, Legal Studies students may be able to participate in on campus legal aid clinics which provide services to the community. Mr. Reynolds will be able to provide Legal Studies students with greater exposure to the Law School program for undergraduates seeking to learn more about law school and the legal profession. The Law School will benefit with increased integration into the larger College community, allowing, for instance, the Law School to take better advantage of the College's online education resources. If you would like to speak with Mr. Reynolds, his office is the Law School next to the courtroom.

**Law School Dean at CSU**

On Thursday, December 1, California State University, Stanislaus—Department of Political Science and Public Administration, hosted a presentation by Patrick Piggott on the History of American Legal Education. The Dean of Humphreys' Law School focused on the importance of the First Charter of Virginia. At the beginning of the 1600s, King James I granted those born in the colonies all the rights of British citizens elsewhere and that they be com-

pensated and protected in case they were robbed or spoiled by anyone. Most importantly, the royal charter established the rule of English common law in colonial—and post-colonial—America.

Dean Piggott also spoke about the unique circumstances of California that allows five routes to become a professional attorney and outlined training opportunities provided by the Humphreys College Drivon School of Law in Stockton.

**The Latest News**

Congratulations to the latest California State Bar Exam passers: Brandon Bischoff, Giovanni Garcia, Blair Goss, and Andrea Leavy (2016 Class Valedictorian). The three-day General Bar Examination is given twice a year in February and July. The exam consists of three sections: a multiple-choice Multistate Bar Examination (MBE), six essay questions, and two performance tests that are designed to assess an applicant's ability to apply general legal knowledge to practical tasks. The mean scaled MBE score in California was 1421 compared with the national average of 1403.





## Meet the Expert

### Let's Think About It: Human Brain



"How to Maintain a Healthy Brain without Really Trying"—it was the latest topic of the quarterly Academic Council Workshops. The guest speaker was Dr. Robert F. Halliwell, a professor at UOP's School of Pharmacy and Dentistry and a specialist in neuroscience in the context of clinical pharmacology.

As a researcher, Dr. Halliwell specializes in the potential value of stem cells in regenerative medicine. Neurons derived from human stem cells represent a powerful tool in drug discovery. Nerve cells derived from human adult stem cells have properties that may make them very useful in future studies to find new drugs for neurological disorders.

At Humphreys College, Dr. Halliwell presented the latest research results in the field of brain development and their use in everyday life. Due to medical and public health efforts, rising standards of living, healthier nutrition, and better education in industrialized countries, the life expectancy is improving. Worldwide, the life expectancy at birth is about 71 years—68.5 years for males and 73.5 for females. Comparable data for the U.S. are 76.9 (males) and 81.6 (females). As our body ages, so does our brain. Age is one of the risk factors for brain diseases, including Alzheimer's and Parkinson's along with cerebrovascular disease causing strokes. It also influences a mild—isolated—cognitive impairment, an initial signal of dementia. Dr. Halliwell addressed some of its causes, including obesity, hypertension, and smoking.

The age-induced cognitive deficits can be caused by numerous biological, physical, chemical, and psychological changes. The speaker mentioned a loss of neural circuits and brain plasticity, a thinning of the gray and white matter, and dopamine and serotonin-related problems. He pointed to a host of neuropsychological changes in orientation, attention, memory, and language. During the discussion, Dr. Halliwell recommended several ways of delaying those changes as they are linked to the maintaining of high level of self-education, physical exercise, and healthy diet; staying intellectually engaged—especially through reading; and cultivating one's social networks.

He reminded all of us about the lasting value of the well-worn saying: "If you don't use it, you lose it..."

~Stanislav Perkner

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### Learning More...

**David A. Sousa.** *How the Brain Learns*, 4th ed., Corwin, 2016.

Educational neuroscience consultant David A. Sousa translates new brain-research findings into effective classroom strategies and activities in this updated version of his best-selling text. The latest edition integrates recent developments in neuroscience, education, and psychology.

**Suzana Herculano-Houzel.** *The Human Advantage: A New Understanding of How Our Brain Became Remarkable*. MIT Press, 2016.

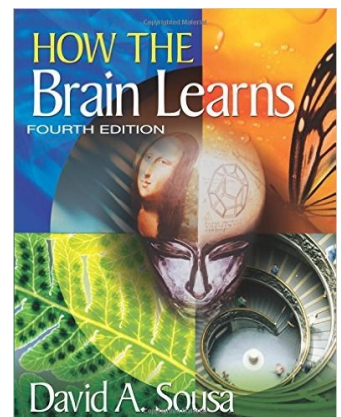
The author shows that it is not the size of our brain that matters but the fact that we have more neurons in the cerebral cortex than any other animal, thanks to our ancestors' invention, some 1.5 million years ago, of a more efficient way to obtain calories: cooking. Because we are primates, ingesting more calories in less time made possible the rapid acquisition of a huge number of neurons in the still fairly small cerebral cortex--the part of the brain responsible for finding patterns, reasoning, developing technology, and passing it on through culture.

#### THE HUMAN ADVANTAGE

A NEW UNDERSTANDING  
OF HOW OUR BRAIN  
BECAME REMARKABLE



SUZANA HERCULANO-HOUZEL



**In Memoriam**  
**Ann Weyrauch Bauermeister**  
**(1938-2016)**



Ann Weyrauch Bauermeister of Stockton, California, passed away on October 24, 2016, due to complications with Alzheimer's. She was 78.

Born June 21, 1938, in San Francisco, to Dr. Henry Martin Weyrauch, Jr. and Dr. Helen Blanche Sourwine Weyrauch, Ann received her bachelor of science degree from Carleton College in 1959 and her master's in biological sciences from UOP in 1972. A full-time mother and housewife for many years, Ann raised two daughters and also opened her home to host various foreign exchange students over the years.

She taught court reporting, science, and math for over twenty years at Humphreys College, until she retired in 2003. At the College she was a trailblazer in the natural sciences. Developing the first biology lab, she worked tirelessly to outfit the lab and make it user friendly for students, advancing the lecture course, SCI120 Human Biology, and SCI121, Human Biology Lab. In addition, she designed the environmental science course and lab with the purpose of encouraging students to interact with their environment and to become knowledgeable stewards of the world around them.

Ann was always physically active and enjoyed traveling, tennis, walking, hiking, and running, including running the Bay to Breakers 10k several times. She also enjoyed bicycling, riding both single and tandem bicycles with the Stockton Bicycle Club, with which she rode multiple century rides. A life-long learner, Ann was active in SICL at San Joaquin Delta College and OLLI at the University of the Pacific. She was also a nature lover and an avid gardener. She earned the distinguished title of Master Gardener through the San Joaquin UC Master Gardener Program. She volunteered her time with the STARS program as well as with the Stockton Fire Board. A world traveler, she especially enjoyed her trips to China and Argentina.

Ann is survived by ex-husband Charles Bauermeister of Las Cruces, NM, two brothers, Dr. Henry Martin Weyrauch, III, and wife Ellen of Jackson, CA, and Clint Weyrauch and wife Joyce of Spokane, WA, and two daughters, Emily Bauermeister Abbott and husband Zachary of Altadena, CA, and Sara Bauermeister, husband Fernando Mazzuca, and grandchildren Adrian and Audrey Mazzuca of Alameda, CA.

A memorial service was held on Saturday, November 5, at O'Connor Woods Senior Living Community in Stockton.

## FROM THE LEARNING CENTER ...

## How to Succeed in College

## Eighteen Workshops Offered in the Fall Quarter 2016



- During the second week of the quarter break, both “New Student Orientation” sessions were hosted by Deans *Cynthia Becerra* and *Wilma Okamoto-Vaughn*, along with *Lisa Kooren*, *Santa Lopez-Minatre*, and *Linda Verdun-Brown*. The technical part of the orientation was conducted by *Amit Kumar*.

- The following week, *Santa Lopez-Minatre* offered two workshops titled “Your College Experience as a Challenge and an Opportunity.”

- *Richard Hunt* led four sessions about the online database searches of periodicals and books.

- *Linda Rahmoller* conducted two workshops on the formatting of college-level papers in both MLA and APA Styles.

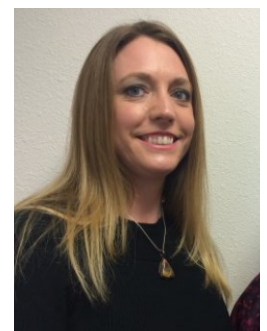


- *Stanislav Perkner* offered four workshops of the regular “Writing Clinic.” He covered the basics of writing and documentation of research-based papers.

- “Your Class Project—How to Prepare a Perfect PowerPoint Presentation” was the topic discussed by *Lorraine Doria*.

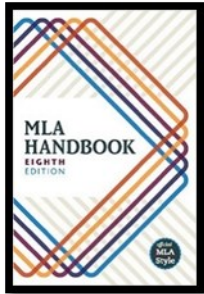


- *Kathryn Meyer*’s topic was “How to Prepare a Successful Oral Presentation.”
- In his lecture on “The Anatomy of Your Online Course” *Jim DeCosta* addressed the students who are taking online, hybrid or web-enhanced courses.
- The final session offered an opportunity to meet Associate Dean *Lisa Kooren* and her guest, Humphreys College President *Robert G. Humphreys, Jr.* The informal conversation dealt with the 120-year history of the College (1896-2016) and its strategic plan.



# The New MLA Handbook

## What's New in the Eighth Edition



The eighth edition of the *MLA Handbook*, published in April 2016, rethinks documentation for an era of digital publication. The MLA now recommends a universal set of guidelines that writers can apply to any source and gives writers in all fields—

from the sciences to the humanities—the tools to intuitively document sources. Learn more below about the changes to MLA guidelines.

### I. THE LIST OF WORKS CITED

The eighth edition of the *MLA Handbook* introduces a new model for entries in the works-cited list, one that reflects recent changes in how works are published and consulted. Previously, a writer created an entry by following the MLA's instructions for the source's publication format (book, DVD, Web page, etc.). That approach has become impractical today, since publication formats are often combined (a song listened to online, for example, could have been taken from a record album released decades ago) or are undefinable. In the new model, the work's publication format is not considered. Instead of asking, "How do I cite a book [or DVD or Web page]?" the writer creates an entry by consulting the MLA's list of core elements—facts common to most works—which are assembled in a specific order. The MLA core elements appear below:

In the new model, then, the writer asks, "Who is the author? What is the title?" and so forth—regardless of the nature of the source.

### II. IN-TEXT CITATIONS

The principles behind in-text citations in MLA style are unchanged. A few details have been added or clarified, though:

- For time-based media like video, times are now cited in the text (57).
- The use of *my trans.* to identify the writer's translation of a non-English quotation is described (90–91).
- How to shorten long titles when they have to be included in a parenthetical citation is clarified (117–18).
- The common practice of documenting borrowings from Greek, Roman, and medieval works with part numbers, not page numbers alone, is described (122).
- The punctuation used when various items are combined in one parenthetical citation is summarized (126–27).
- Ways of formatting citations in research projects other than traditional papers are suggested (127–28).

### III. OTHER ASPECTS OF WRITING

Following are new points that concern the writing in a research project:

When the title of a periodical (journal, magazine, newspaper) begins with an article (*A*, *An*, *The*), the article is now treated as part of the title: the article is italicized and its first letter capitalized.

(continued on p. 17)



(continued from p. 16)

- 1 Author.
- 2 Title of source.
- 3 Title of container,
- 4 Other contributors,
- 5 Version,
- 6 Number,
- 7 Publisher,
- 8 Publication date,
- 9 Location.

For example, the handbook previously specified “the *Georgia Review*” in text and “*Georgia Review*” in the works-cited list but now specifies “*The Georgia Review*” in all contexts.

For works in a language not written in the Latin alphabet, writers must choose between giving

titles and quotations in romanization or in the language’s writing system (74, 91).

Two forward slashes (//) mark stanza breaks in run-in quotations of verse (78).

If a block quotation of prose contains internal paragraphing, the first line of the quotation now begins without a paragraph indentation even if one is present in the source (77).

For more information, go to <https://www.mla.org/MLA-Style/What-s-New-in-the-Eighth-Edition>

For more information, go to <https://style.mla.org/>

## Halloween 2016 Costume Contest Winners



*The 2016 Halloween Contest winners:  
Gold - Julia Hayhurst the Unfortunate  
Camper, Silver - Shana Brucia as Rosie  
the Riveter, and Bronz - Richard Chabot  
the Pagan Priest. Photo: Sandra Dibble.*

## What is The MLA Style Center

The *MLA Style Center* is a free companion to the *MLA Handbook*. The only official Web site devoted to MLA style, it provides:

- the opportunity to submit your own questions
- sample research papers
- instructions on formatting research papers
- teaching resources
- tools for creating works-cited-list entries

## Humphreys is #Trending

Did you know Humphreys College is on Facebook, Twitter, LinkedIn and Instagram?

The College wants to stay connected to students. We are reaching through various platforms to highlight students, provide information about events, and share photos.

We have entered an era where we want the latest data instantaneously. Today we have the privilege of “Googling” information, reading Yelp reviews, and checking Facebook when you remember a long lost friend, so why not keep in touch with your school?

Humphreys College Library & Learning Center

## **TUTORING SERVICES: WINTER 2017**

### **Richard Hunt: English, Math, Accounting**

Monday 2:00 p.m. – 7:30 p.m.  
Tuesday 2:00 p.m. – 7:30 p.m.  
Wednesday 2:00 p.m. – 5:30 p.m.  
Thursday 2:00 p.m. – 7:30 p.m.  
Friday 2:00 p.m. – 6:30 p.m.

### **Karen Turk-Gennoe: Math and Accounting**

Tuesday 8:00 a.m. – 2:00 p.m.  
Wednesday 8:00 a.m. – 2:00 p.m.  
Thursday 8:00 a.m. – 2:00 p.m.  
Friday 8:00 a.m. – 12:30 p.m.  
Saturday 8:00 a.m. – 12:30 p.m.

### **Dr. Stanislav Perkner: Research Planning and Editing, Online Courses**

Monday through Friday 12:30 p.m. – 5:00 p.m. or by appointment

*Regular Library Hours: Monday-Thursday 7:30 a.m.-10:00 p.m.; Friday 7:30 a.m.-8 p.m.;  
Saturday 8:00 a.m.-5:00 p.m.*

# Free

## cash for college



*2017-18 Cal Grant Deadline, March 2<sup>nd</sup>, 2017*

**SCHOOL CODE:  
001212**



To apply for a Cal Grant, students must do two things:

- ☐ Submit a 2017-18 Free Application for Federal Student Aid (FAFSA) at [www.fafsa.ed.gov](http://www.fafsa.ed.gov), AND
- ☐ Submit a Grade Point Average (GPA) Verification Form, or make sure your high school or college will submit verification of your GPA by March 2<sup>nd</sup>.

### HOW TO APPLY - INFORMATION CHECKLIST:

- ☐ Create a FAFSA ID. If you are dependent, your parent(s) should also Create a FAFSA ID to sign your FAFSA.
- ☐ Your legal name and parent(s), if dependent, as shown on social security card
- ☐ Your Social Security number and parent(s), if dependent
- ☐ Your driver's license number, if you have one
- ☐ Your Alien registration number, if you are not a US citizen
- ☐ Your 2015 tax information and parent(s), if dependent.
- ☐ Your current bank and investment records and parent(s), if dependent
- ☐ Records of untaxed income such as Social Security Income, SNAP, Free or Reduced Price Lunch, TANF, and WIC benefits received in 2015 or 2016
- ☐ List of colleges you are interested in attending
- ☐ Keep a copy of everything you submit
- ☐ Track your 2017/18 FAFSA processing and/or submit correction(s) on [www.fafsa.ed.gov](http://www.fafsa.ed.gov)
- ☐ Monitor your Cal Grant award status at [www.webgrants4students.org](http://www.webgrants4students.org)

### *Important Contacts*

Humphreys College  
Financial Aid Department  
Stockton - (209) 478-0800  
Modesto - (209) 543-9400

Personal Identification  
Number  
Website: [www.pin.ed.gov](http://www.pin.ed.gov)

Federal Student Aid  
Information Center  
Website: [www.fafsa.ed.gov](http://www.fafsa.ed.gov)  
Toll Free: (800) 433-3243

WebGrants for Students  
Website:  
[www.webgrants4students.org](http://www.webgrants4students.org)  
Toll Free: (888) 224-7268

# Save the Date!

## Humphreys College

### 2017/2018 Cal Grant Workshops

#### Dates, Times & Room Assignments

#### Stockton Campus

December 7, 2016	Wednesday	1 P.M. – 3 P.M.	Room 5
January 12, 2017	Thursday	4 P.M. – 6 P.M.	Room 5
January 30, 2017	Monday	5 P.M. – 7 P.M.	Room 5
February 14, 2017	Tuesday	1 P.M. – 3 P.M.	Room 5
February 27, 2017	Monday	5 P.M. – 7 P.M.	Room 5

#### Modesto Campus

December 8, 2016	Thursday	12 P.M. – 1 P.M.	5-A Computer Lab
January 12, 2017	Thursday	5 P.M. – 6 P.M.	5-A Computer Lab
January 31, 2017	Tuesday	12 P.M. – 1 P.M.	5-A Computer Lab
February 21, 2017	Tuesday	5 P.M. – 6 P.M.	5-A Computer Lab

Humphreys College strongly urges all students to apply for the Cal Grant. You may be eligible for free money to defray tuition cost for college! This award is not a loan; it is a grant, which you do not repay.

If you already have a Cal Grant award, please stop by or call the financial aid office to confirm the information you've submitted is correct.

**ATTN:** If you are a current Cal Grant C recipient and wish to be considered for Cal Grant A or B, you must submit a written request to be withdrawn from the Cal Grant C program no later than March 2 to the California Student Aid Commission and submit both the FAFSA and your verified GPA by the March 2, 2017 postmark deadline.

**NOTE:** Do not withdraw yourself from any Cal Grant program before consulting with the Financial Aid Department.



*Please submit the bottom portion of this form to the Admissions office or call to make a reservation.*

For more information, call the Admissions Office in Stockton at (209) 478-0800 or the Modesto campus at (209) 543-9411.

Please reserve a seat for me to attend the Cal Grant Workshop scheduled for:

Date and location of workshop attending: \_\_\_\_\_

Print Name: \_\_\_\_\_

Address: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_





## Happy Holidays Christmas 2016

To Our Students, Alumni, and Friends of the College:

Season's Greetings! Once again it's Christmas time--a wonderful opportunity for us to celebrate with our friends and an occasion for us to express our gratitude for your warm and continuing friendship.

Our traditional Christmas Reunion Buffet Luncheon will be held on **Friday, December 9<sup>th</sup> at 12 noon** on the Stockton Campus. You are invited to bring your spouse and, certainly, your children are also welcome. This is a special opportunity to visit with your friends, former classmates, and teachers. If you know of alumni or friends of the College who did not receive this invitation, please invite them on our behalf.

Best Wishes for a Wonderful Holiday Season,  
Humphreys College Trustees, Faculty, and Staff

\*Remember to arrive early to purchase tickets for our annual raffle of over 20 holiday gift baskets and the grand prize of \$100 cash!\*

Raffle will be held at 1:00 p.m.

**(All proceeds will benefit the Gregory Vaughn Memorial Scholarship)**

## ACADEMIC CALENDAR

## WINTER QUARTER 2017 (JANUARY 3 - MARCH 17)

Quarter begins .....	Tuesday, January 3
Last day to enroll or withdraw without academic notation on transcript ....	Friday, January 13
Martin Luther King, Jr. Day – campus closed .....	Monday, January 16
Last day to withdraw with partial refund .....	Friday, February 10
Last day to withdraw .....	Friday, February 17
Presidents' Day – campus closed .....	Monday, February 20
Final exams .....	Week of March 13
Quarter ends .....	Friday, March 17
Spring recess - no classes .....	March 18-April 2

Campus closed: Martin Luther King Day, January 14, 15, 16; Presidents' Day, February 18, 19, 20;

Weekends, March 18, 19 and March 25, 26



*Humphreys*  
COLLEGE

[www.humphreys.edu](http://www.humphreys.edu)

Main Campus

6650 Inglewood Avenue

Stockton, CA 95207

209.478.0800

Fax 209.478.8721

Branch Campus

3600 Sisk Road, Suite 3-A

Modesto, CA 95356

209.543.9411

Fax 209.543.9413

## Humphreys College Newsletter, December 2016

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