Humphreys College

Newsletter

Since 1896 To The California

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SEPTEMBER 2016

SUMMER QUARTER

FROM THE LIBERAL ARTS DEPARTMENT ...

NEWS AND ANNOUNCEMENTS

By Cynthia Becerra, Chair and Dean of Instruction

On August 18th and 19th, the Liberal Arts faculty joined other program faculty to host the Meet your Advisor event, which is held quarterly. This time the refreshments included root beer floats and cookies. Students who attended were able to make appointments to meet with their advisors during the Fall 2016 registration period. In addition, they previewed the Fall schedule before its late Friday publication. The primary goal of this event is to connect students with their academic advisors and ensure a smooth transition from quarter to quarter in their journey to complete their degrees. So if you did not attend this time, look for it next quarter during week 7. The treats are worth it!



An important resource, in addition to your academic advisor, is the College catalog. The 2016-2017 Humphreys College Catalog is now accessible online at the following:

http://www.humphreys.edu/images/stories/Documents/2016-17_college_catalog.pdf

You can easily peruse the catalog by using the Table of Contents; then just click on the topic you want to review. For example, if you are interested in pursuing a minor, just turn to "Academic Information and Polices," scroll down to "Minors," and click. In addition, the College Catalog includes the Academic Calendar at the beginning of the publication. This is very helpful if you are important dates, such as when does the quarter start and when is the campus closed.

This Fall Quarter, the Department is offering several important courses:

HIST100 History of California second period on Tuesday and Thursday. This interesting course was developed by the late Professor Emeritus Rowena Walker, who loved to teach it. Instructor Lorraine Doria will be teaching it and is excited to continue the advancing of our understanding of our State's history.

ENGL110 Oral Communications is a vital course for any major. Employers put communication at the top of the attributes that they look for in a prospective employee. It is offered day or night, so consider this important requirement. (continued on p. 2)

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- LIT204 Shakespeare is offered online with Dr. Kerry Moquett, who loves the Bard as much as I do. With *The Tempest, Hamlet, Richard III, and Taming of the Shrew,* you are sure to be entertained by this amazing playwright.
- MATH120 Statistics, a Thursday night class, is essential for the business or accounting major; however, it can provide an excellent foundational set of skills for the community studies major in conducting research. And Instructor Yee Vang likes to make it a pleasurable learning experience.
- With SCI110 Physical Science, a student can complete both the science and lab requirement in one fun-filled Saturday class. Professor Crystal Hootman packs in a great deal of information and activities into each session.
- The Community Studies Program is offering CS101 Introduction to Community Studies, which can also substitute for SOC101 Introduction to Sociology; CS201 Social Research Methods, a requirement for majors and a great upper-division social science elective; and CS293 Police and Community Relations, taught by Lodi Police Lieutenant Sierra Brucia, which is offered as a Tuesday night hybrid, meeting every other Tuesday online.

Don't wait. See your advisor to register for Fall Quarter today!

ADDRESSING THE CLASS OF 2016

Carrie R. Castillón, Director, Modesto Campus

The great aviator Amelia Earhart once said, "The most difficult thing is the decision to act, the rest is merely tenacity."

There are three simple rules in life:

- If you do not go after what you want, you'll never have it.
- If you do not ask, the answer will always be no.
- If you do not step forward, you will always be in the same place; it is choice not chance that determines your destiny.

You are sitting here today because you made the choice to attend Humphreys College and pursue a higher degree. The big question is whether or not you are ready for the next step forward. Let's take a moment to contemplate.

Have you learned to trust in yourself and your ideas? It took Sir James Dyson 5,126 failures to finally create the first bagless vacuum cleaner. After countless denials from manufacturers, he had to form his own company. Today, Dyson is worth more than 4.8 billion dollars—all because he trusted his inner voice and refused to give up. Are you a team player practicing kindness, compassion, and empathy everywhere? Blake Mycoskie is the founder and Chief Shoe Giver of TOMS, and the person behind the idea of One for One, a business model that helps a person in need with every product purchased. His ideas have grown into a global movement and created the power of incorporating giving in business.

Do you believe perseverance pays off? Misty Copeland is the first African American woman to be promoted to principal dancer in the American Ballet Theatre's 75-year history. She was told that at 13 she was too old to start learning ballet and that she lacked the right feet and body type to be a professional dancer. Have you realized that your attitude can determine your direction? At age 13, Bethany Hamilton lost her arm in a shark attack. She got back on her surf-board and two years later won first place in the Explorer Women's Division of the National Scholastic Surfing Association's Championships. Have you let go of the shame of past failures and maintained a positive attitude in the face of adversity? Joy Mangano holds more than 100 patents for her inventions including the Miracle Mop and Huggable Hangers. She sold her mop in the parking lot and at trade shows year after year until QVC allowed her on air. She sold 18,000 mops in less than a half hour.

All of these individuals made a choice to step forward. You do not have to become the owner of a multi-billion dollar corporation or sell thousands of products on television to be successful in life. You do need to be fearless in the pursuit of what sets your soul on fire. Have faith in yourself. It is the very first step in moving forward. I will be watching every one of you as you walk across this stage and take that next leap of faith in your life. Class of 2016, I wish you well!

From the Graduation Gallery



Valedictorian Thomas Wagner. Photo Santa Lopez-Minatre



Carrie R. Castillón (left) introduced the graduation class of 2016. Ema Reynoso, a Modesto Campus student, graduated with her B.A. in Legal Studies; she was named Outstanding Student for the Legal Studies Department.

Photo Santa Lopez-Minatre

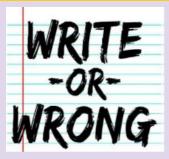


Salutatorian Tejpaul Bainiwal. Photo Santa Lopez-Minatre





All graduation pictures are available on the Humphreys College website. Go to the Home Page, About Us, Photo Gallery.



Ouestion:

Let's talk about the netiquette—an etiquette of the electronic age. Your experiences? Your advice? Does the Golden Rule of Reciprocity—"Do unto others as you would have them do unto you"—apply here?

Dean Cynthia Becerra:

I have long appreciated the spirit of the Golden Rule. Therefore, in addressing the rules of the electronic road, I would have to say yes that it does apply. As many of you know, there are many venues on the vast electronic highway—some that are unfamiliar to me. Therefore, I would like to address the ones that I are applicable to my life: email, both personal and professional, texts, and course forums.



Emails are a very efficient way of communicating to both multiple people and just one special person. When writing to an audience, I often adopt the professional voice because the communique often warrants that. If I adopt a friendly, informal stance, I might be misunderstood by at least one member. However, if I am directing my message to one known person, in particular, such as a colleague and friend whom I have known for decades—such as Professor Rahmoller—I may try to be funny or facetious, while anticipating a like response from her. In contrast, if I am directing my transmittal to a publisher representative who has just sent me the wrong textbook for the fifth time, then my message should be crystal clear to him/her about what I want and when I need it. Or my orders from his/her company will be limited to none in the future.

I am a novice at texts. I am slow and lack the coordinated skill of my students and my children in sending out a text in just a second or two. Therefore, I typically text only a few people who forgive my errors. Because just like many of my students, learning something new and unfamiliar can be kind of challenging and embarrassing—right?—especially when you do it wrong. For example, I have sent texts that were incomplete, without capitals, and to groups with unintended consequences.

For course forums, I recommend that a formal, respectful stance is best. Netiquette demands that we treat others as we would want to be treated, even if our forum response is not well received by another participant. There is nothing wrong with disagreeing (most online course forums require at least two responses to other students' posts),

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but it can be done by addressing the points that are divergent without attacking the person. Also, when using a quote or information from another, I cite my source because I would not want someone "to steal" my ideas. Giving credit where credit is due is another rule of conduct that I support.

Dean Jess Bonds:

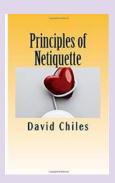


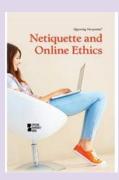
How and what you write online (or anywhere else) is a reflection of who you are. It's like a selfie, but with words. While I encourage you to always "be yourself," if you're prone to being a fool, then you might want to put on a disguise, not in the sense of anonymity but in the sense of falsity. Though you would know yourself to be a counterfeit, at least you would demonstrate recognition of your proclivities for impudence and, at the same time, acknowledge that you must take steps to at least appear civilized. You might even be able to leverage such a step as a catalyst to tread upon a noble path.

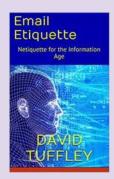
A long time ago, before the Internet, I was told, "Documents have legs." What you write gets around. Strangers, or even bosses, read what you wrote to someone else in a context that is unknown to the unintended reader. Or, what you wrote about your boss is all too clear and now is more damaging to yourself than what you meant for another.

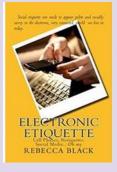
Not only should you do unto others what you would have them do unto you, but you should also understand that what you do to others will be done to you. Call it karma. Call it comeuppance. Call it cosmic justice.

So, don't write yourself into a vortex that pulls your reputation down. Instead, do no harm – to others or yourself.







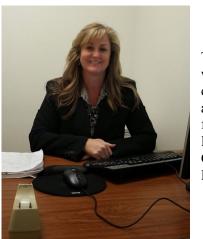




FROM THE CRIMINAL JUSTICE DEPARTMENT ...

NEWS AND ANNOUNCEMENTS

By Shana Brucia, Chair



CRIM 203 Multicultural Issues

The Criminal Justice Department Program has been developed to provide students with critical thinking, report writing, and public speaking skills necessary to become a competent peace officer / probation officer. It seeks to provide practical and theoretical training through hands-on classroom activities taught by law enforcement and probation professionals. The College hired a new adjunct instructor, Rick Clark, who is a background investigator for Stockton Police Department. Clark will be teaching CRIM 203 Multicultural Issues in Criminal Justice in the Fall quarter at the Stockton Campus.

CRIM 202 Evidence

The Criminal Justice Department is announcing CRIM 202 Evidence's return to the Bachelor's of Science–Upper Division Core Course. In an attempt to give students flexibility with the College's schedule, students will now have the choice to take CRIM 202 Evidence or LEGA 230 Evidence to fulfill the Upper Division Core requirement. CRIM 202 advances the subject of evidence and examines the operation of the rules of evidence at trial as well as the interaction of those rules with the skills of trial advocacy. Students learn to apply the rules of evidence through the examination of witnesses, laying foundations for real and demonstrative evidence, introducing expert and scientific evidence, impeaching witnesses and similar exercises. CRIM 202 will be offered in the Fall 2016 quarter on Monday nights; it will be taught by Kim Gonzales, deputy public juvenile defender for Stanislaus County.



Criminal Justice Club: Beta Alpha Sigma

On July 13, the Criminal Justice Club hosted its first Patriotic Day; the challenge was given to show off students' patriotism by dressing in red, white, and blue. As a Thank You to the students, staff, and faculty of Humphreys College, the Criminal Justice Department served apple pie and ice cream, along with toys, candies, and trinkets, to all who attended. A patriotic gift basket was donated by Beta Alpha Sigma as a sign of appreciation that was given to one lucky winner. Congratulations to Chartia Scott, bookstore clerk, the winner of the basket!



Chartia Scott. Photo Cynthia Becerra

(continued from p. 6)

The Criminal Justice Club would like to give special thanks to Karendeep Kandola and Stephanie Barrios, who after graduating from the BSCC–STC Probation Officer Core Academy in July came up with the idea to promote a Bottled Water Drive. The Criminal Justice Club collaborated with St. Mary's Dining Room of Stockton and the Salvation Army of Lodi to collect cases of bottled water to be donated to their organizations for the homeless people in the community. The Drive began on July 13, 2016, and will end on Saturday, October 1, 2016.

To date, the Club has collected more than 140 cases of water. If you are interested in donating, please drop off cases of bottled water to Shana Brucia, Criminal Justice Department chair, or Julia Hayhurst, faculty aide, in the faculty offices.





Poster designer: Julia Hayhurst

On Tuesday, November 1, 2016, the Criminal Justice Club will be hosting a Human Trafficking Prevention Symposium, featuring Humphreys' Law School alumna, Suzanne Schultz, family crimes coordinator with the San Joaquin County District Attorney's Office. This presentation will provide introductory information about human trafficking, grooming tactics utilized by traffickers, victim vulnerabilities, warning signs of human trafficking, local cases, and community resources for trafficking victims. The event will take place in Room 413 at the Humphreys College Stockton Campus between 5 p.m. and 7 p.m. ***Please be advised this presentation will contain graphic content and language. No children under 12 permitted. Viewer discretion advised.

Upcoming Criminal Justice Events

- On Monday, October 17, 2016, the Criminal Justice Department will be holding its first Blood Drive at the Stockton Campus, Room 413, from 9 a.m. to 1 p.m.
- On Wednesday, February 1, 2017, the Criminal Justice Department will be hosting a Domestic Violence Symposium at the Stockton Campus, Room 413, from 5 p.m. to 7 p.m.

Probation Officer Core Course (Probation Academy)

The Probation Officer Core Academy will be held between November 7 and December 16, 2016, at Humphreys College for officers who are currently hired with a probation department. This academy will have the largest number of agencies represented since this program started: San Joaquin County Probation, Santa Cruz County Probation, Butte County Probation, Calaveras County Probation, and San Mateo County Probation.

Humphreys College and its Community

Leadership Lodi Class 2016





Shana Brucia with some members of the Leadership Class

Shana Brucia, Leadership Lodi Class 2016 project manager, proudly reports that to date, the Class has raised almost \$60,000 in cash and approximately \$15,000 in in-kind donations for its project called "Jungle." According to Lodi News -Sentinel, the Class selected the Lodi Memorial Hospital Emergency Room remodel for its project.

Lodi Memorial Hospital has more than 10,000 children visits a year. The goal is to make the emergency room more child-friendly and create a relaxing, fun atmosphere that can help reduce stress and fear in the emergency room. Plans call for murals in four rooms: the children's area of the emergency room; two patient rooms specifically for children; and in the lobby/waiting area to those rooms. The goal is to reduce the anxiety of children while creating a calming atmosphere. For more information, go to the Lodi News-Sentinel article "Leadership Lodi Funds Hospital Children's Area Improvement Project" (8/3), available at http://www.lodinews.com/news/article_377c0b8a-5a0b-11e6-86de-4f2caf8b32fd.html

If you are interested in donating to this non-profit project, please go to gofundme.com/lodichildrenser or contact Shana Brucia at Humphreys College.



Criminal Justice Adjunct Instructor, Lt. Sierra Brucia, greets a law enforcement supporter outside of the Lodi Police Department, after the police shootings in Texas. The Lodi community continues to show support for its law enforcement officers by dropping off food to the department, displaying signs "Cops lives matter too," and illuminating blue light bulbs on their porches.

FROM THE BUSINESS DEPARTMENT ...

NEWS AND ANNOUNCEMENTS

The Other Hurdles Competition

Jason K. Wolins, Chair, Business Department

With the Olympics just over, let's look at another hurdles competition—this one in the job search arena.

An April 14, 2016, article in *The Sacramento Bee* by Mildred L. Culp, entitled "Clearing job-hunting hurdles," addresses the issue of how job candidates might handle some major hurdles in their records: 1) Unemployment; 2) age; 3) disability; and 4) a "double whammy" of lack of traditional experience and a degree.



She noted the experiences of four people who overcame those negatives.

⇒ **Unemployment**—of the *long-term* variety. Holly Wolf of Conestoga Bank in Philadelphia, Pennsylvania, recounted an experience interviewing a job candidate who had been unemployed for two years.

The candidate knew people would ask about his activities, so he was proactive and brought up the subject instead of waiting for questions.

He showed a picture of his garage with no car, but lots of junk, then transitioned to the present by showing that day's newspaper and another photo with (magically!) a car in the garage.

Prop number two: He showed a newspaper with before-and-after photos celebrating his loss of 20 pounds.

(This author's note: This man's performance reminds me of an old "faux magic" routine used by comedian Art Metrano back in the day—look him up if you're of the younger generation! By the way, Mr. Metrano also was in a couple of *Police A cademy* movies.)

How did Holly Wolf perceive this performance? She said he showed her "'he was motivated, goal-driven and determined."

The result: The bank offered him a part-time position. But wait, there was an even better outcome. Another employer offered him a full-time job—which he took!

⇒ **Discrimination—of the** *age* **variety.** Regina Weiss, director of external communications at Independence Care System, Inc., a nonprofit long-term managed care firm in Brooklyn, New York, recounted how she repeatedly met with age discrimination when she was looking for a job.

She described the discrimination as "very blatant": After good initial telephone interviews, at the follow-up in -person meetings, she would be "ushered out in five minutes flat."

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How did she deal with this? Her first solution was to color her hair. But, she felt this was superficial and she did not like it.

Solution number two: She found a non-discriminatory employer. She first worked as a consultant for her present employer. Both sides became well-acquainted with each other and later she was hired. By the way, she cut her hair and stopped coloring it.

⇒ **Disabilities.** Daryl Hajek, an author and publisher in Pinellas Park, Florida who is acutely deaf and reads lips, has interviewed both by telephone and in person using interpreters.

Instead of dodging the disability issue when the subject came up, he removed some mysteries about hiring deaf people by discussing employer tax breaks and Americans with Disabilities Act (ADA) requirements.

That tactic worked for him twice at temp agencies—and he knows others who used it successfully as well.

⇒ Lack of traditional experience and a degree—the "'double whammy"! Chris Vasquez, creative director at email service provider AWeber, Inc. in Chalfont, Pennsylvania, had no degree and no traditional work experience.

Potential employers were skeptical and interviews became uncomfortable. So, what did he do to make it easier for employers to hire him? He took people off the "'structural deficiencies" in his resume and focused them on his "'skill set."

And, just how did he do this? He *built* things that showcased his skills. He called potential employers and told them about projects upon which he worked. Then, in interviews, he would remind interviewers of those projects before giving them his resume.

Here is how he described his method: "'When you aren't being paid to work, constantly create and build new things. The next time you meet a hiring manager or hear about a company's problem, you may have developed something that will help solve the problem."

(This author's note: Yes, you will have a Humphreys degree, but maybe you want to work in an area not related to your degree. Might potential employers view this as the equivalent of *no* degree in that discipline?)

If you clear any of those hurdles, you, indeed, deserve a medal!



FROM THE COURT REPORTING DEPARTMENT ...

NEWS AND ANNOUNCEMENTS

By Kay Reindl, Chair

Certified Shorthand Reporters Reception and Guest Speaker Event



In July, the Court Reporting Department honored its recent CSR Candidate Xiomara Urbina. Xiomara completed the program with her A.S. degree and passed her qualifying exam which allowed her to sit for the California Certified Shorthand Reporters Examination, July 15, in Los Angeles. We are proud to report that Xiomara has received results of her successful pass of the dictation examination. Now it's on to the two written examination portions: English and Professional Practice & Ethics. The current written exam cycle allows her to schedule one or both of the written exams at a testing center, and the current cycle ends October 31.

Additionally, the department enjoyed guest speaker Karly Powers, CSR, and Chair of CCRA's Serve our Students (SOS) committee. Karly shared her struggles through school and how she overcame them to become a court reporter who loves her job and her current life as a reporter.

Court Reporting at Lodi Unified College & Career Planning Night

Court Reporting student Natasha Wentzel, alongside Kay Reindl, was on the scene to answer questions about court reporting at the 9th Annual LUSD College & Career Planning Night, August 29. This district-wide annual event hosts middle school through 12th-grade students.

"Court reporting is a career that's very much in demand and is not expected to be taken over by technology. It's challenging and financially rewarding," informed Kay Reindl, department chair of court reporting at Humphreys College. The program teaches legal and medical terminology and the language of the oddly designed keyboard reporters use. Average wages for a court reporter range from \$45,000 to \$65,000. To learn more about this Lodi event, go to http://www.lodinews.com/news/article-3937bcb6-6e7a-11e6-b76e-1fa444cd2d67.html?mode=story.





Natasha Wentzel, court reporting student

Poster designer: Julia Hayhurst

In Memory of Judie Stevens



The Court Reporting Department is mourning the loss of Judie Stevens who lost her four-year battle with pancreatic cancer on Wednesday, August 10.

She was born in Farmington, Maine, and soon thereafter, the family moved to Garden Grove, California. After graduating from Pacifica High School in 1973, Judie went to work at Disneyland where she was employed at various locations, including Cafe Orleans, Carnation Main Street, and the Main Street Emporium. While at Disneyland, she attended Cypress Community College where she received her Associate in Arts degree. She also met her husband Cliff at Disneyland. They married in 1991. Judie and Cliff moved to Stockton in 1993. She transferred from South Coast College in Southern California where she began the court reporting program to Humphreys College shortly after her move here.

While studying court reporting, Judie worked as a ticket agent for United Airlines in Sacramento. In 1994, while attending Humphreys College, Judie gave birth to their first daughter, Hannah. She graduated and became a CSR in 1995. In 1997, after working as a deposition reporter, Judie gave birth to their second daughter, Carly. After having Carly, Judie chose to devote her time to caring for her daughters as a stay-at-home mom. During that time, Judie was heavily involved in helping the community. After her daughters were in high school, Judie went back to work in the Court Reporting Department at Humphreys College as a reader and lab aide.

Over the years, Judie remained involved with Humphreys College by attending many court reporting functions and other college events. She was always very supportive and encouraging to the students. A Celebration of Life was held at the University of the Pacific's Vereschagin Alumni House on August 14. If you are interested in making a donation in her memory, it can be made to the Pancreatic Cancer Action Network at www.pancan.org or to any charity of your choosing.

Judie made many lifetime friends within the Court Reporting Department and outside as well. She will be dearly missed by everyone who knew her.

FROM THE EARLY CHILDHOOD EDUCATION DEPARTMENT ...

NEWS AND ANNOUNCEMENTS

By Pam Wood, Chair

Professionalism in Early Childhood Education



The Early Childhood Education staff presented a workshop for our Library & Learning Center on August 23 and we are happy to announce that we had 19 students/staff in attendance. Students discussed their personal experiences while seeking child care and/or preschool for their own children. Everyone enjoyed the DVD, *The Raising of America: Are We Crazy about Our Kids?* We learned how over the lifetime of a child, government spending on high-quality early care will result in a net financial gain for America. Economists tell us investing in ECE pays for itself in many ways and many times over! Students who attended the workshop received certificates for one hour of professional growth to be used toward renewal of their Child Development Permit from the State of California Commission on Teacher Credentialing.

We are proud to announce another professional growth opportunity for our ECE majors coming up on September 8. The ECE department will host another panel discussion entitled *Employment Opportunities in the Field of ECE*. Our panelists will be representatives of Stockton Unified School District, Child Abuse Prevention Council, and El Concilio. Students are also welcome to stay and attend the class, ECE 270 Professionalism in ECE, as students present their professional portfolios. Students will receive 1-3 hours of professional growth for their attendance at these events.

SAVE THE DATE! September 17 marks another Family Day at the Park held on the Stanislaus State campus in Stockton. The ECE department will again have a booth at this event, offering literacy activities for children. Instructor Phyllis Miranda is heading up the booth and students are asked to volunteer to work in two-hour segments. This event is another way that Humphreys College makes a difference in our community!



Educational Effectiveness Workshop: Summer 2016 Professor Giventer on the Major Trends in California Elections



On Thursday, August 18, the Academic Council's quarterly Educational Effectiveness Workshop hosted Dr.

Lawrence L. Giventer, professor emeritus, Department of Political Science, CSU Stanislaus. A few months before the general election, his topic was very timely:

"Democracy? California Elections and Voting."

The speaker addressed the issue from several state-wide angles. He paid special attention to the role of political parties in the primary, general, and special types of elections. While discussing the various aspects of campaigning, he focused on the issues of campaign financing.

Dr. Giventer has closely studied the election processes during his forty-year tenure at California State University as a political science and statistics specialist. He is the author of two books analyzing those topics: Governing California (4th ed., McGraw Hill, 2015) and Statistical Analysis for Public Administrators (2nd ed., Jones and Bartlett, 2008). Therefore, his presentation was richly documented not only from the point of campaign financing; it also included the wealth of data on the unique California electorate.

The speaker addressed the relations between *voter participation* (the percentage of the eligible population who vote in an election) and *voter turnout* (the percentage of the registered voters who actually vote in an election). "Less than 60 percent of eligible Californians voted in the 2008 and 2012 presidential elections and less than one-third voted in the November 2014 gubernatorial—presidential midterm—general election." Moreover, "voter participation has steadily declined in California and the United States" (see the Giventer's up-to date chart in the Supplement to this issue of Humphreys Newsletter: "Major Trends in California Elections: Decreasing Voter Participation").

During the discussion, Dr. Giventer explained numerous differences between the national- and state-level elections and the current use of voting technology and the procedures of vote counting.

~S. Perkner



FROM THE MODESTO CAMPUS ...

NEWS AND ANNOUNCEMENTS

From the Modesto Campus

- On August 17, Carrie Castillon, Linda Mottison, and Julie Walker attended the State of Business and Education in Stanislaus County breakfast that was sponsored by the Modesto Chamber of Commerce. The theme of this year's session was "cradle to career" mentoring. Businesses and educational institutions are encouraged to create a culture of volunteerism to provide long-term help to at-risk individuals in our community.
- Lorraine Doria started off the summer with a workshop called "Organizing Your Ideas" to help guide the students on how to do a proper outline.
- For the Luncheon Logic series two short, thought-provoking films were shown: "Bottle" by Kristen Lapore and "A Social Life" by Kerith Lemon.
- Business instructor, *Shauna Bennett*, gave a seminar on how to deal with math phobias.
- For the In the Circle series, Julie Walker discussed current events, including the Olympics and the race for the White House.
- Student Appreciation Day had a special twist this quarter as students were encouraged to bring a friend to campus for ice cream and a tour.
- Carrie Castillon, the director of the campus, finished off the series with a useful workshop on interviewing techniques.

State of Business, and Education MAXAMATA

between Business and Education.

What Are Wildlife Refuges in the Valley?

On August 9th, Jack Sparks with the U.S. Fish and Wildlife Service visited Linda Mottison's Environmental Science class. He talked about the national wildlife refuges in the San Joaquin Valley. Sparks is the outdoor recreation planner for the San Luis National Wildlife Refuge Complex, which consists of three refuges in Merced and Stanislaus counties, as well as many individual U.S. Fish and Wildlife Service conservation easements on private lands; most of them are managed as waterfowl hunting clubs.

The guest speaker informed about the mission of national wildlife refuges and the intensive habitat management practices that occur in the San Joaquin Valley. Additionally, he spoke about his role in managing the visitor services program for the public.



Sparks also provided a slideshow about international technical assistance work in Russia. In 2015, he visited two Russian nature reserves to share ideas about developing visitor services programs and visitor center exhibit concepts and design.

How to Manage Your Student Loans

By Shauna Bennett, Modesto Campus Professor



As I watch my son graduate from high school and move away to college, I contemplate what advice, as his mother, I should be giving him. I have already taught him the important things like how to cook... well, at least how to use the microwave, and most importantly, I taught him not to put a red sock with the load of whites. I am an accountant and a numbers person, so naturally the next thing on my mind to teach him was how to budget and control his student loan debt.

The goal is to get as much money as you can for as little as possible, which means avoiding fees and extra interest costs. With the advice from Rita Franco, Financial Aid Director at Humphreys College, I have come up with nine tips to help repay and manage student loans:

Keep track of your loan. After about four years of college, you may have accumulated several student loans. Keep a list of all your loans and pertinent information such as name of servicer, contact information, loan ID number, interest rate amount, amount of loan, and loan account number.

Check the status of your loan. Go to your servicer's webpage; log on to your account to keep track of your debt balance. This will become important when dealing with repayment and forgiveness. To find your federal loan servicer, go to the National Student Loan Data System (NSLDS) for students at www.NSLDS.ed.gov for details regarding your federal student loans. Each federal student loan borrower is assigned to a loan servicer (some borrowers may have more than one servicer, depending on the types of loans). Your loan servicer is a company that collects your student loan payments and provides customer service on behalf of the U.S. Department of Education. This is a **free** service. There are many companies who offer help with student loan repayment for a fee. Remember: You never have to pay for help with your student loans. If some of your loans aren't listed on NSLDS, they're probably private (non-federal) loans.

Stay in contact with your loan servicer.

Whenever you move or change your phone number or email address, contact your servicer immediately. If your lender needs to contact you and your information isn't current, it can end up costing you unnecessary interest and fees. Open and read every paper or electronic piece of mail from your servicer. If you begin receiving unwanted calls from your servicer or a collection agency, immediately contact your servicer. Ignoring bills may lead to student loan default, which has severe, long-term consequences.

Know your grace period. Grace periods differ based on the type of federal loan. A grace period is the length of time you can wait after leaving school before your repayment begins. Generally, it is six months for federal Stafford loans. The grace periods for private student loans vary, so consult your paperwork or contact your lender to find out. Don't miss your first payment!

Select the right repayment option. When your federal loans become due, your monthly loan payment will automatically be based on a standard ten-year repayment plan. If the standard payment does not meet your budget, there are other options. Note that extending your repayment period beyond ten years will lower your monthly payments, but will increase the overall interest. Some important options for student loan borrowers are Income-Driven Repayment plans. An Income-Driven Repayment Plan will cap your monthly payments at a reasonable percentage of your income each year, and forgive any debt remaining after no more than 25 years (depending on the plan) of affordable payments. Forgiveness may be available after just ten years of these payments for borrowers in the public and nonprofit employment sectors. To find out more about Income-Based Repayment and related programs, visit www.studentaid.ed.gov and search for "How to Repay Your Loans."

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Private loans are not eligible for Income Driven Repayment Plans or the other federal loan payment plans, deferments, forbearances or forgiveness programs. Read your original private loan paperwork carefully and then contact your private loan lender about what repayment options are available.

Do not ignore your servicer. Ignoring your student loans has serious consequences that can last a lifetime. Not making your student loan payments will lead to delinquency and default. You will be in default if you miss nine months of repayments. Defaulting on a student loan will have negative ramifications on your credit and your wages can be garnished. Federal loans default after nine months of non-payment. When you default, your total loan balance becomes due, your credit score is ruined, the total amount you owe increases dramatically, and the government can garnish your wages and seize your tax refunds. For private loans, default can happen much more quickly and can put anyone who co-signed for your loan at risk as well.

Do not stress. Everyone goes through rough times occasionally. There are options for managing your student loans such as deferments and forbearance if you are unable to pay due to unemployment or unexpected financial difficulties. If you are having trouble making payments because of unemployment, health problems, or other unexpected financial hardships, you have options. There are legitimate ways to postpone federal loan payments temporarily through deferments and forbearances. For example, an unemployment deferment might be the right choice for you if you are having trouble finding work. Caution, interest accrues on all types of loans during forbearances and on some types of loans during deferment, increasing your total debt. Ask your lender about making interest-only payments if you can afford it. If you expect your income to be lower than you had hoped for more than a few months, check out Income-Driven Repayment plans. Your required payment may be as little as \$0 when your income is very low.

Determine whether loan consolidation is right for you. A consolidation loan combines multiple loans into one for a single monthly payment and one fixed interest rate. There are some pros and cons to consider to consolidating your federal loans. Go to www.federalstudentaid for complete details. You can consolidate your federal student loans through the Federal Direct Loan Program. Never consolidate federal loans into a private student loan; you'll lose all the federal repayment options and borrower benefits - like unemploy-

ment deferments and loan forgiveness program options - that come with federal loans!

Loan forgiveness programs are available. There are various programs that will forgive all or some of your federal student loans. Public Service Loan Forgiveness is a federal program that forgives any student loan debt remaining after ten years of qualifying payments for people in government, nonprofit, and other public service jobs. There are other federal loan forgiveness options available for teachers, nurses, AmeriCorps and Peace-Corps volunteers, and other professions. Contact your loan servicer for detailed information regarding loan forgiveness.

In Summary:

- Keep track of your loan
- Check the status of your loan
- Stay in contact with your loan servicer
- Know your grace period
- Select the right repayment option
- Do not ignore your servicer
- Do not stress
- Determine whether loan consolidation is right for you
- Loan forgiveness programs are available



FROM THE LAW SCHOOL ...

NEWS AND ANNOUNCEMENTS



Expansion of a Cutting-Edge Practical Training Program

Archer Bakerink, the Law School's Director of Professional Training (PTP), has announced expansion of the Drivon Law School Professional Training program. Drivon Law School through its PTP program recently became the local legal service provider for the sponsors of Proposition 47. The duties of the students in PTP program, in addition to the traditional expungement clinic, now include staffing monthly Clean Slate Clinic

Both clinics are designed to assist individuals with old felony convictions who have made strides in rebuilding their lives. A felony conviction presents substantial obstacles to many attempting to become upstanding productive members of society. Those served include a woman unable to obtain a child care license because of her husband's forty year old felony conviction for possession of marijuana. (Yes, that once was a felony offense.) Another example is an elderly woman unable to receive subsidized housing assistance because of a decades old petty thief with a prior conviction involving only a few dollars of merchandise. (Yes, petty theft with a prior petty thief conviction, no matter what the value of the property, was also a felony.)

For the last five years, the PTP program has provided services with two primary purposes: to provide real life legal training with practical applications and to provide needed legal services to our community, not readily available through other sources. The program has four components: Self Help Clinics; Certified Law Students Assistance in Collaborative Courts; Internships at Public and Not for Profit Agencies; Classroom Training; Trial Practice; Moot Court; and Special Areas in the Practice of Law.

Self Help Clinics: three of them are offered on Tuesday evenings in the Law School Courtroom: the first Tuesday–Clean Slate Remedies; the second Tuesday–Small Claims; and the third Thursday–Expungements.

Certified Law Students in Collaborative Court:

Students under the supervision of Professor Bakerink or his designee appear in court representing the interest of participants (Adult Drug Court; Supervision Court; Compliance Court; Parole Reentry Court; and DUI Court).

Internships: Students have worked as interns assisting San Joaquin County District Attorney Office; San Joaquin County Public Defender Office; Juve-

nile Division of the San Joaquin County Public Defender; San Joaquin County Counsel Office; Stockton City Attorney's Office; San Joaquin Court Appointed Counsel; Dependency Court; Sexually Violent Predators; Calaveras County District Attorney Office; CRLA Stockton and CRLA Modesto; Senior Advocacy Network; Merced County Public Defender Office; Tracy City Attorney Office; Stanislaus County Family Justice Center; and private attorneys on a limited basis (with the dean's permission).

Classroom Training: Trial Practice and Moot
Court classes are taught by outstanding practitioners, including Stewart Tabak, Michael Mordaunt,
Michael Kronlund, Max Steinheimer, Gil Somera,
and Clair Osborn. Special areas in the practice of
law are designed to teach students the business
aspects of a law practice. The course is taught by
Professor Bakerink and features guest lecturers for
a range of areas of the law.

In conclusion, the Small Claims Clinic satisfies a legislative mandate that courts provide assistance for small claims participants. This clinic is conducted in participation with the San Joaquin County Bar Association, which receives financial assistance through the San Joaquin County Superior Court. All of the Collaborative Courts through independent evaluation have been shown to have a dramatic effect on the recidivism rate of the participants. For example, since 2008, the DUI court has been a primary factor in reducing fatal and injury DUIrelated accidents from 412 in 2008 to 235 in 2013 (the last year for which statistics are available). A number of Humphreys PTP students have worked on both the prosecution and defense side in the criminal justice system. The director strongly supports the evidence-based collaborative approach to criminal justice. The dual exposure furthers a cooperative attitude, which will make our community safer by reducing crime.

Our Interview

When Reading Is a Pleasure, Not a Chore

Humphreys College Adjunct Professor David Wellenbrock on his Book Discussion Group



David Wellenbrock (right) with his former classmate John Herpers: Raymond College's 50th Anniversary Reunion at UOP. Wellenbrock has taught law at Humphreys College since 1977 and was instrumental in establishing its Paralegal Program.

At the beginning of this informal reading club, there were four former classmates and their economics professor. All of them were affiliated with Raymond College.

Wellenbrock: "The school was an experiment: it was established in 1962 as the first of three residential Oxford-type cluster colleges created by University of the Pacific during the 1960s. Through 1977, Raymond offered an innovative liberal arts curriculum leading to a BA degree in three years. At Raymond, all classes took the form of seminars, including prescribed courses in the natural sciences, social sciences, and humanities, along a series of independent studies in an area of specialization. The curriculum was based on studying of the original sources. I graduated in 1968. After about 15 years, a couple of classmates and I found that we were reading less serious matter, in large part because much of the enjoyment of reading thoughtful material is discussing it with others. Members of our reading group were originally selected by my former classmates and me. Four of us had known each other for about twenty years. Overall, the group is heavily biased toward Raymond College: about a half a dozen members were students and two were professors there. We first tried a couples' reading group, which read both fiction and non-fiction. That group fell apart for various reasons, so we set up the current group about 1982."

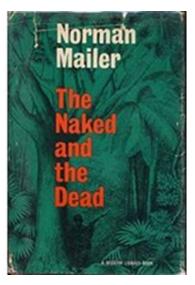
After graduating from UOP's Raymond College, you studied law at Humphreys College and for more than four decades, you have been practicing and teaching law. Does it influence your preferences in the group member selection?

"In our reading group, we try not to get too many lawyers; we care about a bit of intellectual diversity. For a while, there were members of the Public Defender's Office as I worked there then. We have had a judge, a former state senator, a farmer, a journalist, a doctor, a dentist, teachers and college professors... It is a modestly divergent bunch. Once formed, we have been careful to cultivate the culture of the group. It is largely social, so we try to get nice people who are bright, open to discussion, and interesting. We also try to have enough members so that at least six, seven or eight show up; if it gets too big, not everyone has a reasonable opportunity to enter the discussion. When we feel we need a new member, names are vetted and then we will invite someone to a session as a guest. Only after the session do we decide whether to have that person join; sometimes, the person decides the group is not a good fit for him or her."

Looking at your long reading list, I see that in the course of those three decades, the members of your group have read more than two hundred books—all "serious material".

"It is easy to read detective novels, biographies, and a lot of history and science on one's own. This tends to be entertainment and the accumulation of facts. However, if you want to try to understand the world, including economics or the political situation, and to engage in ethical discussions, then it is most helpful to talk about it.

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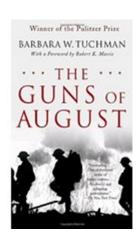


Those conversations are much better when all the participants have a large fund of knowledge in common. By reading the same book and talking about it, we have had numerous excellent discussions. As a lot of us are long-term members, the stock of knowledge has gotten pretty extensive. Additionally, we invite guests—experts in the

field under discussion, for example: an Eastern European immigrant for the Czechoslovak President Václav Havel discussion, a professor specialized in Japanese history or a local newspaper editor when debating the prospects of the mass media."

How do you select the books?

"We prefer consensus. At the beginning of each session, every member is free to nominate titles—from current material to classic works. Books have covered the arts, philosophy, economics, politics, and ethics. From time to time, we read primary—original—

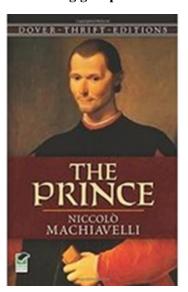


sources, for example, *The The-ory of Moral Sentiments* and *The Wealth of Nations* by Adam Smith or *The Federalist Papers*. After a very serious and/or long book, we often opt for something shorter and less difficult. The current book, selected for our October 2016 session, is number 225. Actually, there have been 225 sessions; a few times, we have selected a topic about which to read and each person selects his or her own materials. In

1984 we did post-Mao China; in the early 1990s, we chose Islam; recently, we debated the future of higher education in America and California's water resources."

How frequently does your reading group meets?

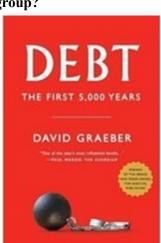
"Because we read serious books, we meet every six or eight weeks in private homes, not monthly like most groups. We have no formal discussion leaders, as this is unnecessary given who is in the group. The discussions are not intended to be book reviews and in the course of the evening, they generally move away from the book to the themes and topics of the book."



There are thousands of reading groups in the United States—many of them inspired by *Oprah's Book Club*, NPR's *Book Club of the Air* or *Good Morning America Book Club*. Most of them, however, do not last. How do you explain the longevity of your group?

"I see four reasons for success: quality membership, a challenging reading list, stable organization, and a regular order of proceeding. I had a chance to write more about it in *The Book Group Book*; my chapter is titled 'Serious Reading."





FROM THE LEARNING CENTER ...

Five-Ws for EBSCO Research Databases

By Richard Hunt, Lead Tutor

WHY use EBSCO?

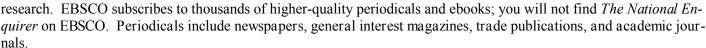
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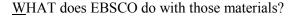


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There is a catch to using the index results: EBSCO is like cable or satellite TV that has different subscription packages such as basic broadcast, NBC Sports Network, or NHL Center Ice. In this TV model, you may "see" ice hockey games *scheduled* on NHL Center Ice, but you may not *watch* them. Humphreys pays for a good, mid-level package—but does not buy access to every periodical that EBSCO indexes. So... avoid tears: Always select "Full Text Only" to force EBSCO to display only articles that you may read.

WHO WHEN WHERE:

EBSCO and its similar service PROQUEST are available to Humphreys students 24/7 if you use the links provided on the Library & Learning Center's page:

Start at www.humphreys.edu

Use navigation menu STUDENT SERVICES

Select Library & Learning Center

Scroll to the links for EBSCO or PROQUEST

If your computer is off-campus, you need the EBSCO or PROOUEST UserID/Password list; simply drop in to the Library to get your copy from the smiling librarian.

How to Succeed in College:

Eighteen Workshops Offered in the Summer Quarter 2016

- During the second week of the quarter break, both New Student Orientation sessions were hosted by *Santa Lopez-Minatre*, *Lisa Kooren*, and *Linda Verdun-Brown*. The following week, *Santa Lopez-Minatre* offered two workshops titled Your College Experience as a Challenge and an Opportunity.
- Richard Hunt led four sessions about the online database searches of periodicals and books.
- Stanislav Perkner conducted four workshops of the regular "Writing Clinic." He covered the basics of writing and documentation of research-based papers. Additionally, he offered a Q & A session on the prevention of unintended plagiarism.
- Raymond Harter introduced the new MLA documentation standards based on the latest edition of the MLA hand-book. His Modesto colleague Julie Walker discussed the issues of classroom etiquette and netiquette.
- Pamela Wood and Beverly Clark led a workshop titled Early Childhood Education Today and Tomorrow.
- The final session offered an opportunity to meet *Richard Chabot*, Chair of the Community Studies Department, and his panel (*Linda Verdun Brown*, *Julie Walker*, and *Jason Wolins*). The informal conversation dealt with economic opportunities in the Central Valley.













Humphreys College Library & Learning Center

TUTORING SERVICES: FALL 2016

Richard Hunt: English, Math, Accounting

Monday 1:30 p.m. – 7:30 p.m. Tuesday 1:30 p.m. – 5:30 p.m. Wednesday 1:30 p.m. – 7:30 p.m. Thursday 1:30 p.m. – 5:30 p.m. Friday 1:30 p.m. – 5:30 p.m.

Karen Turk-Gennoe: Math and Accounting

Tuesday 8:00 a.m. – 2:00 p.m. Wednesday 8:00 a.m. – 2:00 p.m. Thursday 8:00 a.m. – 2:00 p.m. Friday 7:30 a.m. – 12:30 p.m. Saturday 8:00 a.m. – 12:30 p.m.

Dr. Darwin Sarnoff: General Reference

Monday through Friday 7:30 a.m. - 12:30 p.m.

Dr. Stanislav Perkner: Research and Editing, Online Courses

Monday through Friday 11:00 a.m. - 5:00 p.m. or by appointment

Regular Library Hours: Monday-Thursday 7:30 a.m.-10:00 p.m.; Friday 7:30 a.m.-8 p.m.; Saturday 8:00 a.m.-5:00 p.m.

NEW SERVICE HOURS: FISCAL OFFICE AND BOOKSTORE

Fiscal Office

Monday through Thursday: 9:00 a.m. to 6:00 p.m. Friday: 9:00 a.m. to 5:00 p.m.

Bookstore

Monday through Thursday: 10:00 a.m. to 7:00 p.m.

Friday: 10:00 a.m. to 5:00 p.m.



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Humphreys College Newsletter, September 2016

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