

The Growl -- August 1999

The *Growl*

The Monthly Newsletter For The Humphreys College Huskies, Stockton Campus



Faculty Lecture/Discussion Series Continues

Tuesday, August 24, 1:15 p.m.
Rowena Walker, Liberal Arts Professor

The faculty will once again be sponsoring a monthly lecture/discussion series for everyone at the College who is interested in current events, literature, the arts and sciences, and contemporary social issues. A few years ago the faculty held a series of these programs called "Thursday Topics," which had a steady following but was temporarily discontinued. At the request of several faculty and students who remember this series, we are delighted to be picking up where we left off and will begin this summer a new series which we will call "Tuesday Topics". These brown-bag sessions will be held on the fourth Tuesday of each month throughout the year at 1:15 p.m. in The Forum.

This month's program will feature Dr. Stan Perkner of our adjunct faculty, who will discuss the topic "The Cold War-Ten Years Later." Dr. Perkner's personal experience with the Cold War and its aftermath will add a dimension to a subject that is sure to be of great interest.

All faculty members and students are invited and encouraged to attend.



Student Council Corner

Shazia Sarwar, Student-body President

The Student Council is sponsoring a bake sale on September 8 in the Library lobby. Come get your goodies and check out the new and improved Library!

Upcoming Student Council Events: International Day & Elections -- more info to come!



MEET YOUR TEACHER

Be Alive Every Minute . . .

S. Connie Mead, J.D.

Instructor in Paralegal Studies, Office Administration, Community Affairs, Liberal Arts,
and Business Management

Connie Mead's career before her arrival at Humphreys had many interesting twists and turns.

Some people think it has been a road with lots of 90-degree turns. Because I lived it, it all seems a logical flow to me: an associate of Arts in Criminal Justice; a Bachelors in Criminal Justice and a second Bachelor's in sociology, then a brief hiatus before entering a Masters-Ph.D. program in Clinical Psychology. I obtained the Masters and did all the course work for the Ph.D., needing only to complete the research and write the dissertation.

However, today you are a lawyer, not a clinical psychologist.

Somehow I ended up in law school before finishing the dissertation, so I only have an Ab.D. (All but Dissertation) in Psychology. I received my Juris Doctor from Western State University, College of Law. Interestingly, Western State opened its doors in 1965 and deliberately patterned itself after the law school at Humphreys, focusing on the part-time, older student who had a career but wanted to fulfill the dream of being a lawyer.

As for her professional career, Connie is a former deputy sheriff with Riverside County (southern California), had worked as a probation and parole officer with the Federal Court system and Bureau of Prisons, had a psychology counseling practice in Nevada, where she focused on battered women and substance abuse clients, and then practiced law for nearly ten years.

During my stint as a law student, I clerked in a law office and taught part-time for several community colleges and in the Cal State University system. I realized I loved teaching much more than anything I had done to that point. I knew I was going to be looking for a full-time teaching position before I retired.

With all that broad academic and practical experience, what do you think about Humphreys College?

Humphreys is unique among colleges in its focus on the student and teaching. Many colleges and universities put stress on research and publishing. That often leads to making the students the second priority for professors. Here at Humphreys, a person can get a quality education from an institution that understands that many of our students are older, or single parents, or people who are re-entering the educational system. We openly welcome part-time as well as full-time students, and, as a faculty and an institution, we believe that everyone can succeed if he or she is encouraged and supported. At Humphreys, we welcome students who might be coming to us initially just for a certificate. Rather than treating that student as someone who's only going to be with us for a year, we understand that the student may very well decide to complete his certificate, and then return to go further --eventually getting an A.S. or A.A. Later, our students might return for a bachelor's. In the time I have been at

Humphreys, I've seen students start out wanting only a certificate in Legal Office Administration, but then go on to complete a bachelor's in Paralegal Studies, and enter the law school. Here at Humphreys we believe that nothing is impossible. I think the students benefit from and adopt that attitude.

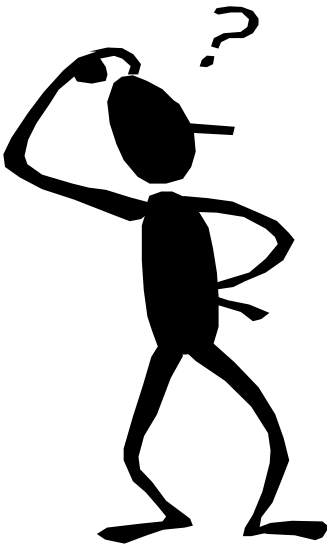
How do you spend your leisure time? Do you have hobbies?

I'm an avid camper and backpacker. I enjoy photography and painting, writing poetry and short stories. I love almost anything that nurtures my creative side. I have also been known to do somewhat exhilarating things like scuba diving and racing boats; of course, I was much younger when I risked those things! I love spending time with people. My social life is abundant (when I'm not grading homework or exams). My children? They are all grown and live out of state with their respective spouses. After more grandsons than I care to count, my youngest (a daughter) finally presented the family with a granddaughter. So, part of my leisure time is spent traveling to Washington, Oregon and Texas to visit with family. Hmm, does babysitting grandkids qualify as leisure time?

Would you share with us your life credo?

A life credo? How can I put that into one succinct phrase? Carpe diem? Seize the day? Go for the gusto? A snail never got anywhere without sticking out his neck? Or my favorite quote of all time, Argue not with dragons, for thou art crunchy and go well with brie! Personally, I want to be vitally alive every minute, not waste time dwelling on the past, or trying to live in the future. I wish to savor the moment I'm in right now, and get everything I can from it while it is here. I do not want to look back at the end of my life and have to say, I wish I had done . . . I want to exit this life (at age 115) with no regrets over things not tasted.

~Stanislav Perkner



Food For Thought

Wherever the Marxist utopia prevails, this [an interlude of barbarism] has already happened. But a predominantly scientific and technological education, such as is the usual thing nowadays, can also bring about a spiritual regression and a considerable increase of psychic dissociation. With hygiene and prosperity alone a man is still far from health, otherwise the most enlightened and the most comfortably off among us would be the healthiest. But in regard to neuroses, that is not the case at all, quite the contrary. Loss of roots and lack of tradition neurotize the masses and prepare them for collective hysteria. Collective hysteria calls for collective therapy, which consists in abolition of liberty and terrorization. Where rationalistic materialism holds sway, states tend to develop less into prisons than into lunatic asylums.

--C.G. Jung.

"The Psychology of Christian Alchemical Symbolism," p. 181 of *Aion*, Vol. 9, Part II, *The Collected Works*, 1959, Routledge & Kegan Paul: London.



Beware! Dropping a Course?

Lance Hall, Registrar

Dropping a course can jeopardize your financial aid. A little-known yet important policy exists at Humphreys College that is based on cumulative units completed. The College requires students to maintain a completion rate of 2/3 or 67% of all classes attempted. If the student falls below this rate, financial aid eligibility is lost.

The completion rate falls every time a student drops a course. For example, if a student registers for 4 courses, then drops 1, the completion rate is 3 out of 4, or 75%. When a course is added, the units are "added back" into the cumulative total. Thus, if over several quarters, a student registers for 16 courses, drops 4 and adds 2, the net result is an 89% completion rate ($16 + 4 - 2 = 18$. $16/18 = 89\%$).

To summarize, students are not penalized when they drop and add courses within the same quarter, but are penalized when they drop only. For a further explanation of this policy, see pp. 29-30 in the 1997-2000 General Catalog.



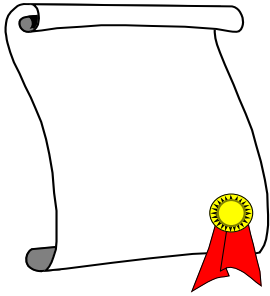
Free Anti-Viral Software

Jim DeCosta, Office Administration Instructor

There are still valuable software titles out on the Web that are being offered for free. This month I'd like to call your attention to the Computer Associates web site at <http://www.cai.com>. Click on free downloads and read down to the InoculateIT Personal Edition.

InoculateIT Personal Edition is complete virus protection for Windows 98/95 PCs and Windows NT Workstation. InoculateIT PE automatically detects and cleans conventional file and boot sector viruses as well as macro viruses that infect Office 95, Office 98, and Office 2000 Word documents, Excel spreadsheets and Access databases. It provides excellent protection against Internet and email-borne viruses, protecting your PC from infected files downloaded from web sites around the world, and from infected attachments sent to you via email.

The download is 2.4 MB and is a self-extracting executable file. Just save the download to an empty folder on your hard drive. When the download is complete, the program will ask you if you want to install it. Choose cancel, so that you can read your email before installing the software. C.A.I. automatically sends you a free registration or customer number after you submit the on-line registration form. The installation program asks for this number. You can install without the number but including the number will make for easier access to the anti-virus updates that you will need to keep current with the ever-growing list of active computer virus.



Humphreys College Academic Dean's List Spring Quarter 1999

Congratulations to the following students for making the Dean's List!

- | | | |
|------------------------|---|--------------------------|
| Allamani, Alana | • | Alvarado, Julie |
| Arroyo, Angie | | Bation, Marissa |
| • Bench, Nancy | | Breton, Diane |
| Bryant, Diane | • | Butcher, Debbie |
| • Canepa, April | • | Cardiel, Kimberly |
| • Carter, David | | Cruz, Ana |
| • Devi, Ranita | • | Diamond-Simmons, Cynthia |
| Echavarria, Diana | • | Faruki, Mekal |
| • Ford-Nielsen, Terri | • | Gendle, Adam |
| Godman, Jennifer | • | Gutierrez, Maribel |
| • Hardy, Rachelle | • | Harris, Deborah |
| • Hill, Sharon | | Holbo, Julie |
| • Humble, Tamberly | | Hunt, Michelle |
| Johnson, Sandra | | King, Jessica |
| • Lafont, Camille | | Larson, Don |
| • LePage, Deborah | | MacLeod, Julie |
| Malloy, Edward | • | Marquez, Jackie |
| Meinke, Maureen | • | Mejia, Lisa |
| • Mitchell, Sabrina | • | Mitchell, Scott |
| Moore, David | | Newman, Karen |
| • Nixon, Barbara | • | Nolte, Rhonda |
| • Oberlander, Mark | | Parizo, Todd |
| • Parker, Connie | • | Pemstein, Adrienne |
| Penuelas, Guadalupe | • | Poggio, Jacqueline |
| • Post, Veronica | • | Quist, Tracy |
| Remides, Pamela | | Renard, Melanie |
| Rightnour, Margaret | | Rios, Elizabeth |
| • Rodriguez, Josephine | • | Smith, Jennifer |
| Staal, Sherri | • | Stelton, Tammy |
| • Sturmer, Laura | | Tedford, Korin |
| Thomas, Lisa | | Thomson, Diane |
| • Tomlinson, Noelle | • | Warner, Stephanie |
| Westmoreland, Lisa | | Wise, Shawna |
| Wood, Sheree | | Zamora, Flora |

- 4.0 GPA

(To be eligible for the Dean's List, you must have completed 12.0 units with a GPA of 3.5 or higher.)



What Are They Watching Now?

Here are the films that some of your professors have been watching. Check out one of these flicks and ask your professor what his/her favorite scene is.

Connie Mead: *The Mirror Has Two Faces* and *Saving Private Ryan*

Don Hubbard: *Civil Action* --J. Travolta; *Patch Adams* -- Robin Williams; *Zorro* --Antonio Banderas

Bruce Bodine: *Shakespeare in Love*

Kay Reindl: *Patch Adams*, *A Civil Action*, *Enemy of the State* -- All movies worth watching!

Cindy Becerra: Recently, I took five kids to see *The Deep Blue Sea*, the nineties answer to *Jaws*.

Guess who was the most frightened and ate the most popcorn.



New Course In The Fall

Prof. Cynthia S. Becerra

So many times in my literature courses, students have described the reading of literature as analogous to making a journey. Sometimes they depict it as a difficult one--especially when the reason or meaning of the journey is unclear; for example, one of my students noted that it was like piloting airplane while circling a foggy airport, waiting for it to clear. As she once said to me prior to class, "It's getting a little clearer; I may be able to land." Of course, I interpreted her statement as she had finally come to some understanding of the literary work.

Most of the time, the literary journey--like the family vacation--is not taken alone. It is with the author, a teacher, and other readers with varying literary backgrounds or interests. In fact, to extend the simile a bit further, the reading of a great poem, novel, essay, or short story may require a map (a book), several stops for breaks (discussions), a patient driver (teacher/guide), and a seemingly endless series of questions, akin to "Are we there yet?" With this in mind, I have developed a literature course centering on traveling through California literature. The course entitled **California Literature: A Literary Journey Through the Central Valley (HUM290)** offers us an opportunity to appreciate the rich literature that has been cultivated in our Valley.

Reading critically acclaimed authors such as Maxine Hong Kingston, Gary Soto, Joan Didion, John Steinbeck as well as less-known authors like Art Coehlo and Lillian Vallee, we will travel through our diverse communities meaningfully portrayed in great literary works. Familiar places line the road as the authors capture the dramatic essence of our California, our home.

So, in Fall quarter come traveling with me to see our Valley through an artist's eyes:

*Far in the night a fitful line of light
searches the length of the valley
where families follow one another home
beyond the lost barns and deserted fields.*

--George Keithley