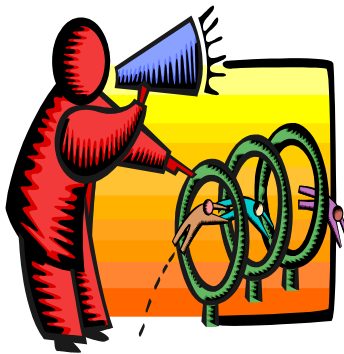
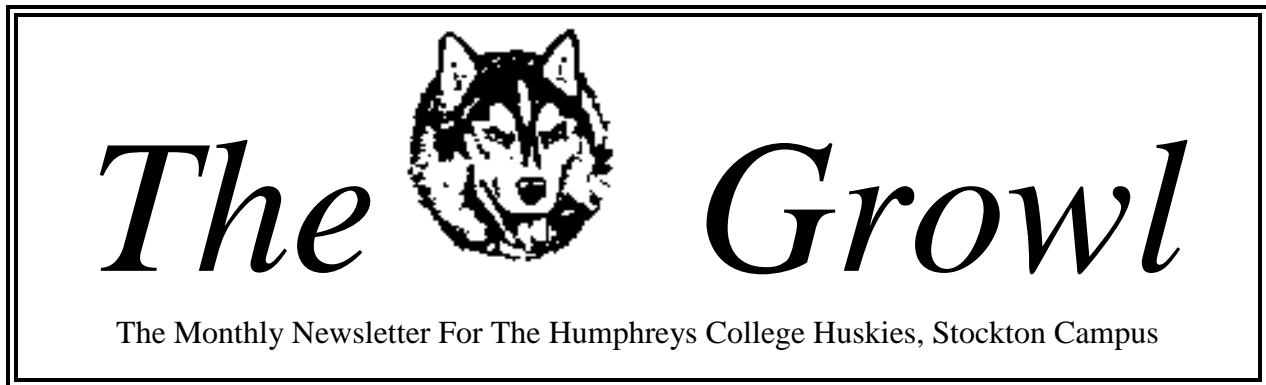


The Growl -- March 2000



The Annual Growl Essay Contest

Prof. Cynthia S. Becerra

Last year, the Liberal Arts Department sponsored *The Growl Essay Contest*. We were pleased with the response, not only from the entrants but also from other students following the awarding of the prizes at the end of the contest. Many students showed an interest in entering the next time it was offered. So now we have decided to make this an annual event; therefore, student interest has helped to spawn *THE ANNUAL GROWL ESSAY CONTEST!* Of course, the good news is that there will be prizes, including gift certificates to local bookstores and an opportunity to see one's name in print with the publication in *The Growl* of winning essays. But the somewhat bad news is that there are rules that must be followed in preparing and submitting the student essay. They are the following:

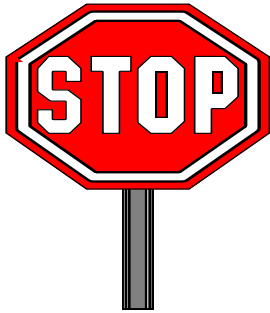
TOPIC: The Effects of the Internet (Present and/or Future) on Modern Society

THE RULES

- 1. Only Humphreys College undergraduate students (full time or part time) are eligible. Student will be required to verify eligibility before receiving the award.**
- 2. All entries must be the entrant's own work with an acknowledgement of sources, if used.**
- 3. Essays must be between 500 and 750 words (3-4 pages) in length.**
- 4. Essays must be typed (Double spaced) with a size 12 font.**
- 5. The decision of the judges is final.**
- 6. Winning essay(s) will be published in the June issue of *The Growl*.**

Entries are to be submitted to Jess Bonds or Cynthia Becerra before or by Friday, May 19, 2000.

Meet Your Teacher --- Rowena Walker -- on page 7



Register to Vote!

Researched by Katherine M. Ruiz

Did you vote in the last election? Did you know your vote counts? If you don't believe it, take a look at these facts:

- In 1645, one vote gave Oliver Cromwell control of England.
- In 1776, one vote gave America the English language instead of German.
- In 1868, one vote saved President Andrew Jackson from impeachment.
- In 1875, one vote changed France from a monarchy to a republic.
- In 1876, one vote gave Rutherford B. Hayes the Presidency of the U.S.
- In 1923, one vote gave Adolf Hitler leadership of the Nazi Party.
- In 1941, one vote saved Selective Service-just weeks before Pearl Harbor was attacked.
- In 1990, one vote decided a state House race in Oakland County, Michigan.

If you think otherwise, history is proof of the lasting ramifications one deciding vote can have.

The presidential election is less than a year away, so if you're not registered to vote, then get with the program!

From the webpage <http://www.gop.senate.state.mi.us/reference/registertovote.html>



Searching For You

Concerned student wanted! The Academic Council of Humphreys College discusses, reviews, and decides upon the classes you take, the majors you choose from, and the academic requirements you follow. While the President of the Student Council already sits on the Academic Council, we are still looking for another student to voice the interests and concerns of the student body. It doesn't take much time or effort, just interest and a couple of hours every month or so. If you think you'd like to take on this very meaningful and important responsibility, please contact Prof. Chabot or Prof. Hubbard.



Teachers talk: How to Succeed in Court Reporting School

Reprint with permission -- Journal of Court Reporting, January 2000

Submitted by Katherine M. Ruiz

Cassie Lee Bichy, M.Ed., CRI, JCR Contributing Editor:
...what successful students do in court reporting school.

Mary Claire Janiga, CRI, CPE, Reporting Academy of Virginia, Richmond, VA:

They [court reporting students] are willing to practice at least ten hours a week outside of class using a variety of techniques. It can be frustrating at the middle speed range, when the newness of court reporting school has worn off, so successful students have a positive attitude.

Donna Ely, Academy of Court Reporting, Cleveland, Ohio:

Students with a purpose do well. They have a practice schedule, and when something changes in their schedule, they compensate for the lost time.

Lynn M. Fisher, CRI, CPE, Academy of Court Reporting, Akron, Ohio:

Some of them need to slow down during their practice time. Practicing at too high a level may not be successful for some. My students listen to a speed tape before they practice so that their mind has time to comprehend the words. Then they practice with the tape. I emphasize practicing high-frequency words and phrases, too.

Robert Fields, CRI, Career College of Chicago, Chicago, Ill:

Successful students practice, practice, practice using a real-time-compatible theory and the briefs that go with it. Using briefs from several people can be confusing and cause hesitation.

Kay Moody, MCRI, CPE, College of Court Reporting, Hobart, Ind.:

Successful students never miss a class and always have their homework completed.

Beth Bee, CRI, St. Louis Community College, St. Louis, Mo.:

I suggest to students that they surround themselves with positive phrases when they practice. Being able to look up and see a motivational phrase or two helps them believe in themselves and leave the practice session feeling good about themselves.

Sandra C. Burgess, CRI, CPE, Midlands Technical College, Columbia, S.C.:

Successful students are honest with themselves. They maintain a good rapport with an instructor and will accept constructive criticism. If they hit a plateau, they know the difference between reasons and excuses. Also, making money is not their motivator.

Ida E. Mooney, MCRI, CPE, College of Court Reporting, Hobart, Ind.:

My successful students are not primarily in school to get a job that pays a lot of money. They have a desire to work in the field of court reporting. While in school, they set reasonable goals for themselves and are willing to “stick to it.”

Elaine M. Day, CRI, Johnson & Wales University, Providence, RI:

...stick-to-it-iveness. Successful students have stick-to-it-iveness and the three D’s. Desire, dedication, and determination. In addition, they have a positive mental attitude.

Cassie Lee Bichy:

...many of our students are older adults with work and family responsibilities. It’s hard to have a positive mental attitude and focus in class with so much on your mind.

Elaine M. Day:

“Be where you are now,” I tell my students. When you come in the room, leave your problems at the doorway. Being able to focus on the class has helped a lot of students cope with outside problems



***FYI Dorm Students !!
New Residential Life Advisors Are Here!!***

Darla Barton

Tom Knoles and his wife Darla Barton are the new Humphreys Residential Life Advisors, R.A's for short, and they moved onto campus Saturday March 17. They are extremely happy to be taking care of your housing and roommate concerns.

Tom is a court reporting teacher at Humphreys. He thinks dorm life can be an exciting way to maximize the college experience. He lived in the dorms for four years while he was in college and went to a boarding school in Central California before that. He is very used to living in close quarters

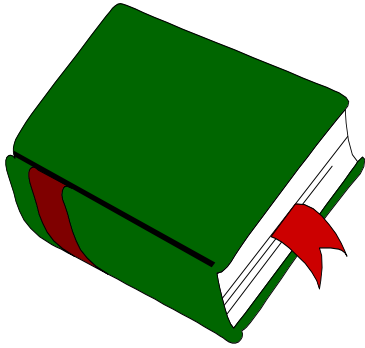
with many different types of people and has found residential life is a wonderful way to meet and bond with new people.

Emily's mom, also known as Darla, is the Humphreys Librarian. She was a residential life advisor at San Jose State while she was in library school. She believes residential life is socially rewarding but insists all **Humphreys College parietal rules must and will be followed!**

A dorm resident meeting is scheduled for Tuesday April 4 at 5:30 p.m. on the lawn near the tennis courts. It will be a pot-luck mixer / volleyball game. Don't miss this opportunity to meet with the new R.A.'s. It's your time to voice resident concerns to them. Contact Darla in the library for more information. See you there!!!

One last note:

Students!! If you are interested in moving in the campus dorms you can pick up a housing application in the front office.



Library News
Darla Barton, Librarian

Court Reporting Lab Moves to Library

We are extremely excited to welcome the court reporting lab into your college library. Carol, the court reporting lab aid is here Monday-Friday 11:00-2:30 to work with court reporting students and she is also an incredible library resource. Carol is a fascinating lady who has lived all over the world and she has had a "great life that isn't over," says Carol. If you have not taken the opportunity to meet Carol come over and say , "hello!". She is a wonderful well of information and is happy to share her experiences with you.

Electronic library material circulation is coming to your library.

Your Library staff is in the process of bar-coding and updating the electronic card catalog so we can make **checking out books and other materials easier for you**. Soon, you will be able to look at a computer screen and see if the book you want is in the library without going to the shelf to search. These new advances in circulation technology will also allow Modesto and Sacramento Campus to see if the materials they want are available for inter-library loan.

Interlibrary loan Eases Burden for Modesto and Sacramento Students

Are you a student in Sacramento or Modesto who **needs a book** sent up to you from Humphreys Stockton? Here is way the library staff at main campus can help you **get that book**.

All you need to do to **get that book** is e-mail the library and **tell us exactly what book** you need from the collection.

The library staff address is dbarton@humphreys.edu. Please, include the title and author of the book you need. The library staff will return all e-mails within 24 hours.

Tutorial Services is also located in the library.

Come into the library lobby to schedule an appointment. Dana, the accounting tutor and Dr Duffett, the English tutor are here to help you meet your goals.!

On a personal note:

Hot dog day is coming soon!! Kris in Operations says it is Thursday, April 13. How quickly the quarters come and go!

My best wishes to those who will be graduating in June. If you have not had the pleasure of the "Hot Dog Day" experience I encourage you to come meet, greet, and eat, with your fellow students. Hot dog day will be a fond memory of Humphreys that you carry with you for many years.

I look forward to seeing you there.



World Wide Web Resources For Court Reporters & Students

Kay Reindl, Court Reporting Instructor

Recently, I compiled a list of internet resources that are of interest to court reporters and students. Some of these sites contain bulletin boards or chat rooms where you might be able to get some encouraging words, practice tips, or sound advice from a seasoned reporter. There are also discussions posted on topical subjects that are relevant to the profession. During this era of emerging technologies, it is your obligation to stay abreast of the changes and issues that affect court reporting. Take the time to log onto these sites -- you'll be glad you did!

National Court Reporters Association: verbatimreporters.com

Deposition Reporters Association: caldra.org

California Court Reporters Association: cal-ccra.org

Court Reporters Board of California: cda.ca.gov/crb/

New search engines you may want to try:

dogpile.com

google.com

fast.com

Great reference sites for court reporters:

bj.pinchbeck.com - Here's a starting point for dozens of sites. It will give you access to libraries, books, and maps.

allexperts.com - Choose a category and then choose an expert and ask your question. The expert will email you back an answer. This service is FREE.

drugstore.com - It's as good as a PDR!



Meet Your Teacher

“We are Close to Our Students...”

Rowena M. Walker, Professor of Social Science

Who is one of the most popular and caring professors at Humphreys? Without doubt, many students would say Rowena Walker. As an educator she possesses a rare gift: an ability to present her subject matter in an easy-going way without corrupting its academic value. Here is her story:

“I am one of those lucky people who grew up in the country. My father owned an apple ranch in Washington State. Hardly a day goes by now when I don’t think about the autumn colors and the excitement that goes with an apple harvest. He believed that life of quality involved an education, and women needed that just as much as men. He sent me to his alma mater, the University of Washington. I graduated in 1953 with a degree in Political Science. The following year I attended Central Washington University and obtained a teaching credential along with another bachelor’s degree, this time in Education. After four years of teaching in a junior high and a high school I met an army officer when I was on a trip to Japan and Hong Kong; this very romantic meeting led to marriage. We lived in France and Belgium, traveled in many parts of the world. The best part of it all is that we produced three daughters who are now teachers and a son who serves as an officer in the Air Force. I was, for the most part, a stay-at-home wife and mother.”

However, twenty-two years ago life led you to Humphreys College...

“When I suddenly found myself in need to support my family, I sold real estate for a couple of years but was not happy doing that. I wanted to teach. One day I made a call to HC and was given an interview. For a while I was a reader in the court reporting classes until the school needed me to teach history and political science classes, my favorite subjects. Over the past two decades I have taught a variety of courses in the liberal arts - especially in the areas of social sciences and humanities. Additionally, I chaired the Paralegal Studies Department for about 15 years; we established the bachelor’s degree and began offering classes in Modesto and Merced. Those were very busy days for me, but because I’ve loved it I seemed to have had an extra energy for what I needed to do.”

You are both a parent of four and an educator. How do you see the teaching profession?

“Things are very difficult for today’s teachers in public schools. They are being asked to perform miracles. Too many parents believe education is the responsibility of the schools only. Respect and reverence for education may be missing from the children’s home lives. I really believe so many more lives would be made joyous by learning and understanding the wonders of the world - its history, its literature, and our place in it. How glorious it all is! Sadly, it is often so difficult for teachers just to keep order, to truly educate youngsters.”

What is the main purpose of the college teaching profession?

“Of course, we too have a tremendous responsibility. For the most part we can’t train students for all of the specific jobs there are out there, perhaps with the exception of accountants, computer scientists, and a few others. But we have a better chance to talk about what’s been going on in the world - maybe even inspire a little - giving our students a chance to reflect on that world and their role in it. Here their maturity helps. I do believe in their ability to sort things out for themselves; we needn’t consider it to be our primary purpose to get them to think as we do! But there is much knowledge to impart - and that is our job. Just as we had the opportunity to weigh facts, events, and principles to reach our own conclusions, so must our students have that opportunity - hopefully with a little bit of inspirational nudging on our part!”

What is the place of Humphreys College in the local school system?

“I simply can’t resist saying first how much I love this college. I love it because I love the subjects I teach and the students who are in my classes. I love getting up in the morning and going to work. But even more importantly, I truly believe in what we are trying to do - you’ll notice I said ‘trying.’ We should never quit trying for a minute to do our very best by every single student who comes our way. I am convinced we have spent the last 100 plus years at Humphreys literally changing the lives of many, many students. We are close to them, we know them, we help them, we worry about them. I challenge any college in the area to give the time and concern for students that we do. I am very proud of it. But we must keep at it.”

How do you spend your leisure time?

“I read, read, read. I am a real bore, I guess, but books are my life. I do frequently hop in the car on the spur of the moment and go to San Francisco to the symphony and the art museums, and risk the scolding of my children who think I shouldn’t run off alone! On the other hand, I’m also an outdoor person; I exercise regularly, especially love to walk in the woods, and enjoy following sports.”

What is your life credo?

“It’s really hard not to sound like the candidates for Miss America do when they’re breathlessly trying to sound profound! However, I will have to say this: If there is one thing that is clear to me in my advancing years, it is the realization that I personally have a very great need to be useful in some way - to be concerned with those things that are beyond the ‘self.’ The Hindus suggest that we as individuals are really ‘too small for perpetual enthusiasm.’ I believe very few people can be truly happy if they have spent lifetimes in self-indulgence or if they have not felt the concerns for their fellow human beings. They have not seen a bigger picture that we just have to see and act upon if we are to continue living together peacefully. While I know that life is very complex, this very simple principle I know to be an absolute truth.”

~Stanislav Perkner